

## CONSTRUCTING A SPIRITUAL HEALTH SCALE

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<b>Date of Approval:</b>	1/2009
<b>Date of Completion as Approved by PAC:</b>	7/2010
<b>Expected Date of Completion:</b>	12/2010

### **General Objective:**

To develop a Spiritual Health Scale (SHS).

### **Specifics Objectives:**

1. Evolve a set of indicators (cognitive, affective, behavioural) of spiritual health.
2. Develop a “spiritual health scale” for identified indicators of spiritual health.
3. Test its reliability and validity.

### **Methodology:**

**Study Design:** An exploratory study

**Study Area:** Delhi

**Selection of District:** All Districts of Delhi

### **Outcome of the Study:**

- To develop a reliable and valid scale for measuring & quantifying the Spiritual Health with a composite score as well as a score with respect to each of the indicators of Spiritual Health.

**Progress:**

1. 66 Indicators Qualifying Spiritual Health, functioning at Cognitive, Affective and Behavioural Domains have been identified.
2. A 5 point Rating Scale based on 66 indicators is under the process of development.
3. Face validity of the indicators has been evolved.
4. Content validity and Criterion validity will follow after the rating scale is developed.
5. The field trial of the rating scale will start after the content validity of the tool is established.

**Summary of the Results so far:** Nil

**Any Other Comments:** Nil

**Budget:****Phase I**

<b>S.no.</b>	<b>Activity</b>	<b>Amount (Rs.)</b>
1.	Workshop (30 people) TA (@ 20,000 per person)	6,00,000
2.	Workshop (30 people) DA (@ 2000 per person)	60,000
3.	Visits – 4 (3 investigators) TA (@ 20,000 per person)	2,40,000
4.	Visits – 4 (3 investigators) DA (@ 2000 per person)	24,000
5.	POL in the field	50,000
6.	Visits to prominent scholars (15 Visits) (2 investigators) TA (@ 20,000 per person)	6,00,000
7.	Visits to prominent scholars (15 Visits) (2 investigators) DA (@ 2000 per person)	60,000
8.	Stationary	30,000
9.	Misc	20,000
	<b>Total</b>	<b>2,44,000</b>
	(Rupees two lakh forty four thousand)	

**Phase II (After 3 months)**

<b>S.no.</b>	<b>Activity</b>	<b>Amount (Rs.)</b>
1.	Mailed questionnaire to 30 workshop participants	20,000
2.	Visits to community like in phase I	2,40,000
3.	POL	50,000
4.	Stationary	30,000
5.	Analysis and report writing	30,000
6.	Miscellaneous	20,000
	<b>Total</b>	<b>3,90,000</b>

**Amount (Phase I ) = Rs. 2,44,000/- Lakhs**

**Amount (Phase II ) = Rs. 3,90,000/- Lakhs**

**Grand Total = Rs. 6,34,000/- Lakhs**