निदेशक की कलम से

18th Veda Prakash Memorial Oration Held

The NIHFW has been organizing the Veda Prakash Memorial Oration from time to time as per the wish of the family of late Sh. Veda Prakasha. The 18th Veda Prakash Memorial Oration was held on 27 May 2019. Late Shri Veda Prakasha was a scholar and expert in education. He was a Master of Arts in Philosophy from India as well as in Education from London, and had several distinctions to his credit. He was an Arnold Gold Medalist with his name inscribed in the Hall of Honour. His family deposited a corpus fund at NIHFW, and decided to offer an amount of Rs. ten thousand every year to an academician in the field of Population Education for delivering the Oration. Prof. S. D. Gupta, Chairman, IIHMR University, Trustee Secretary, and President

Prof. S. D. Gupta, Chairman, IIHMR University during Veda Prakash Oration.


IIHMR, delivered the oration this year. Shri A. R. Nanda, Former Secretary (H & FW), Government of India; and Board Chair, Coalition for Food and Nutrition Security, presided over the function.

Prof. Gupta presented a vivid perspective of the rising population of India, and its impact on health and development of the nation. He orated with examples (Conti. on page No. 2)

There are over 200 million illiterate women in India. This low literacy negatively impacts not just their lives but also their families’ and the country’s economic development. A girl’s lack of education also has a negative impact on the health and well-being of her children.

- Sachin Tendulkar
(From Pre page) whether the rising population is to be viewed as a problem, a challenge or as an opportunity. He proposed a comparative analysis of population pattern in various States of India and other selected countries. He presented a detailed analysis of how the demographic dividend is opening a window of opportunities; and also putting emerging challenges and impact on forest, water, agriculture and land. He concluded with a call for concerted actions with respect to meeting the Sustainable Development Goals in India.

Programme Advisory Committee

The 36th Programme Advisory Committee (PAC) of the NIHFW was held on 15-16 April 2019 in the Institute. Prof. Jayanta K. Das, Director, welcomed the newly appointed Chairman of the Committee, Dr. Saudan Singh; and hoped that the Institute would shine in its endeavour under his Chairmanship. Dr. Das also thanked the contribution of former Chairman and members in giving their technical inputs to the academic activities of the Institute.

In all, 10 research studies, 30 training programmes and 18 special activities were proposed by the faculty. Also, presentation on ongoing and completed research studies as well as training programmes and special activities were made by the respective investigators and coordinators. These were deliberated at length and suggestions were discussed.

The Chairperson and members of the PAC appreciated the proposals presented by the faculty and conveyed their good wishes to the faculty and research staff of the Institute.

राजभाषा कार्यान्वयन समिति की बैठक

13 मई, 2019 को संस्थान के बोर्ड क्षेत्र में निदेशक महोदय प्रो. जयंत दास की अध्यक्षता में राजभाषा कार्यान्वयन समिति की बैठक का आयोजन किया गया। बैठक में सर्वस्थ-सचिव श्री अरविन्द कुमार के संस्थान के सरकारी कामकाज में हिंदी के प्रयोग के लिए वर्ष 2019–20 का वार्षिक कार्यक्रम प्रस्तुत किया गया, जिसे समिति ने अनुमोदित कर दिया। समिति द्वारा 31 मार्च, 2019 को समाप्त होने के अवधि में संस्थान के सरकारी कामकाज में हिंदी के प्रयोग संबंधी प्रगति की समीक्षा की गई।

उदारीकृत प्रोत्साहन योजना के अंतर्गत मूल्यांकन उप-समिति की बैठक

सरकारी कामकाज में हिंदी के प्रयोग को बढ़ावा देने हेतु उदारीकृत प्रोत्साहन योजना के अंतर्गत हिंदी में उत्कृष्ट कार्य करने वाले कर्मचारियों को नगद राशि देने पर पुरस्कृत किया जाता है। उद्धरण प्रोत्साहन हेतु विभिन्न वर्ष 2018–19 के पुरस्कारों की सूची के लिए मूल्यांकन उप-समिति की बैठक प्रो. मनोष्ठ बुधवारी की अध्यक्षता में 14 जून, 2019 को आयोजित हुई। समिति के अन्य सदस्य डा. अक्षय यादव, श्री दी.पी. उप्रेती, श्री एस.के. मुंता एवं सदस्य-सचिव श्री अरविन्द कुमार भी बैठक में मुक्ति प्राप्‌त थे। मूल्यांकन उप-समिति की सूची को आधार पर श्री जमीनी चर्म रावत तथा श्री अनन्द मोहन (अवर श्रेणी लिपिक) का प्रथम पुरस्कार हेतु; श्री गुरुकुल कुमार कार्यक (अवर श्रेणी लिपिक), श्री वी. एस. सत्य (अवर श्रेणी लिपिक) एवं ऊर्फ ती. मीनाक्षी कुमारी (अवर श्रेणी लिपिक) को द्वितीय पुरस्कार हेतु; एवं श्री एडमंड कुज़ुर, (अवर श्रेणी लिपिक–तृतीय) को तृतीय पुरस्कार हेतु चर्मित किया गया।

National Skills Lab-DAKSH

- During this quarter, National Skills lab-DAKSH conducted five training courses in which 36 participants were trained.
National Cold Chain and Vaccine Management Resource Centre (NCCVMRC)

The Centre has been performing various activities and has made remarkable achievements over the last quarter. The details of the activities are given below:

- NCCVMRC being the technical secretariat of EVM Assessments, provided its complete support to the Rajasthan, Gujarat, Maharashtra and Odisha states for organizing and conducting Improvement Development Workshop from 08 to 18 May, 2019 (Rajasthan), 6 to 7 June, 2019 (Gujarat), 12 to 22 June, 2019 (Maharashtra) and 27 to 29 June, 2019 (Odisha). NCCVMRC team supported the whole activity in close collaboration with MoHFW, UNICEF and State Governments of Rajasthan, Gujarat, Maharashtra and Odisha.
- To provide technical support in functionalizing of WIC & WIF, the NCCVMRC officials visited Govt. Medical Store Depot (GMSD), Karnal and State Vaccine Store (SVS), Jammu.
- During this quarter, NCCVMRC conducted three Training courses, in which 58 participants were trained.

Centre for Health Informatics (CHI) of National Health Portal (NHP)

Some of the significant activities of CHI in the reported quarter are listed below:

- Brief information on 16 new diseases like Amaurosis Fugax, Double Elevator Palsy, Mucus-Fishing Syndrome, Postnatal Depression, Female Genital Mutilation, Abducens Nerve Palsy, Cleft Lip and Cleft Palate, Bruxism, Bleeding Gums, Bad Breath, Mouth Ulcers, Malocclusion, Cavities, Gum Disease, Tooth Sensitivity and Lactose Intolerance have been added under Diseases A-Z section. 52 existing diseases of Diseases A-Z section were reviewed during the NHP revamping activities.
- Added information relating to the National Oral Health Programme published under Health Programme Section, National Patient Safety Implementation Framework published under Health Policies Section, Elimination of industrially produced trans fats from the food supply by 2023-WHO and Non-communicable diseases and their risk factors published under Healthy Lifestyle Section.
- Information relating to Manage Your Medication, Blood Donation, Developmental Milestones, Social Health and Sexual Health were added and published under Miscellaneous Section.
- Two health days in the Health Wellness Calendar of the portal namely: World Sickle Cell Day and World Unani Day were added.
- New Modules for diseases created on Chronic Sinusitis (Waram-e-Tajawef-e- Anf Muzmin), Epistaxis (Rua’a‘f) and Kalonji/Shooneez (Nigella sativa Linn.) under common medicinal plants of Unani Medicine were published under AYUSH Section. Content of 17 AYUSH modules were also reviewed during the NHP revamping activities.
- A two page feature article in English highlighting MoHFW’s initiatives on different health issues viz. “Accelerating Progress towards Universal Health Coverage”; “Physical Activity for a Healthier World”; “Ministry of Health and Family Welfare Accelerating Tobacco Control Measures” and one full page advertorial each in Hindi and English on ‘Universal Health Coverage’, ‘Promote Physical Activity for Health’ and ‘National Tobacco Control Programme (NTCP)’ published during April-June, 2019 in monthly ‘Airport India Magazine’ for dissemination of information.
- NHP has made a remarkable social media presence with twitter impression of approximately 13 lakhs and facebook post reach of approximately 3 Lakhs during this quarter. NHP team regularly updates health tips and messages on social media.

National Health Mission/RCH-II

- Quarterly Training Progress Report for fourth quarter (January–March, 2019) along with Annual Progress Report for the FY 2018-19 were prepared by analyzing and compiling the monthly training progress report received from the states and submitted to MoHFW.
- To monitor the quality of ongoing trainings, two monitoring visits were conducted by the Consultants of NIHFW to the States of Gujarat and Maharashtra.
- In order to improve the quality of trainings, eighteen monitoring visits were made by the consultants of SHFW/CTIs for the States/UTs of Uttar Pradesh, Maharashtra, Madhya Pradesh and Himachal Pradesh and the feedback and recommendations for improvements have been shared with all concerned.
Activities of Prof. Jayanta K. Das, Director

- Chaired a Panel Discussion on Universal Health Coverage: Everyone, Everywhere, organized by the Department of Community Medicine of VMMC & SJH in collaboration with IPHA DSB in New Delhi on April 8, 2019.
- Attended a meeting to discuss provisional agenda items and other relevant agenda items and other relevant subjects related to the 72nd Session of World Health Assembly, organized by the MoHFW in New Delhi on April 30, 2019.
- Attended a meeting on ‘Health Adaptation Plan for Climate Sensitive Diseases prepared by identified Centres of Excellence’, organized by National Centre for Disease Control, MoHFW, in New Delhi on May 3, 2019.
- Attended a meeting on Courses and Studies (Community Medicine) for Master of Public Health at NIHFW, organized by University of Delhi, on May 15, 2019.
- Chaired a Session on ‘Dengue in India: Challenges and Way Forward’ during the Technical Symposium on the occasion of National Dengue Day, jointly organized by the Department of Medicine, AIIMS, New Delhi and National Vector Born Disease Control Programme, MoHFW, in New Delhi on May 16, 2019.
- Attended the Expert Review Committee Meetings for Case Classification of AFP cases with ‘Inadequate and Vaccine Virus Positive Stool Samples’, at the WHO-Country Office (National Polio Surveillance Project), New Delhi on May 29 and June 28, 2019.

Faculty/Staff Activities

Dr. Poonam Khattar, Professor and Acting Head, Department of Communication

- Participated as a Panelist and Resource Person at the 13th Indian Association of Public Health Dentists, PG Convention and also delivered a talk on “Health Communication: Challenges and Opportunities for Oral Health in India” at Maulana Azad Institute of Dental Sciences, New Delhi from 13 to 15 June, 2019.

Dr. Pushpanjali Swain, Professor and Head, Department of Statistics and Demography

- Attended the “Data Users Conference, Census 2021” at Vigyan Bhawan, New Delhi on 9 and 10 April, 2019.
- As External Examiner conducted the Ph.D. Viva Voce Examination at International Institute for Population Sciences, Mumbai on 4 May, 2019.
Dr. Meerambika Mahapatro, Associate Professor, Department of Social Sciences


Mr. Salek Chand, SDO, NDC

- As a Resource Person, Chaired a Technical Session in the National Conference on “Professional Ethics of Library Development and Services” organized by Library Professional Association and Dr. Ranganathan Rajya Pustkalay Samiti, Muzaffarpur, Bihar on 20 April, 2019.
- As a Resource Person attended the 1st International Conference on “Information and Knowledge Management (I-IKM)” in Dhaka, Bangladesh from 25-27 April, 2019.
- As a Resource Person Chaired a Technical Session in National Conference JSLACON, organized by PDUG Medical College, Rajkot, Gujarat on 9 June, 2019.

Publications


Nursing and other Visits

A total of 318 nursing students and 32 faculty members from 4 institutions visited the NIHF W. Brief orientation programmes were organized for them regarding various activities of the Institute and other issues related to health in the country. In addition, 26 post-graduate students from two institutes also visited the NIHF W.

अंतर्राष्ट्रीय योग दिवस

21 जून 2019 को संस्थान में अंतर्राष्ट्रीय योग दिवस मनाया गया। इस अवसर पर मोराबजी देसाई राष्ट्रीय योग संस्थान, नई दिल्ली द्वारा मानद योग प्रशिक्षिका सुभी कुसुम पाल के निर्देशन में एक योग सत्र का आयोजन किया गया। संस्थान के निदेशक प्रो. जयंत दास के नेतृत्व में लगभग 80 प्रतिभागियों ने इस आयोजन सत्र में भाग लिया। अभ्यास सत्र के पश्चात् सालाना कुपाल रुहानी सेवन, नई दिल्ली के सहयोग से “धायन खुशियों की कुंजी” विषयक एक कार्यशाला का आयोजन किया गया जिसका संचालन धायन विशेषज्ञ डा. नीतु अर्णेजा ने किया।

इस अवसर पर संस्थान के निदेशक प्रो. जयंत दास ने सभी विशेषज्ञों और कर्मचारियों का स्वागत करते हुए यथिकामत रूप से शारीरिक, मानसिक और आध्यात्मिक दृष्टि से स्वच्छ रहने के लिए योग को अपनाने पर जोर दिया। कार्यक्रम में प्राकृतिक खाद्य पदार्थ और प्राकृतिक प्यास धारण के महत्व को समझते हुए प्रतिभागियों को नाशों में अकृतित अनाज, मक्खन, दूध, फल और आम-पना एवं शिकंजी जैसे प्राकृतिक पेय सेवन हेतु दिये गए। उप-निदेशक (प्रश.।) श्री अनिल कुमार एवं सहायक प्रो. डा. अक्षय यादव ने संयुक्त रूप से कार्यक्रम का सफल संचालन किया।

विश्व तंबाकू निषेध दिवस

31 मई, 2018 को संस्थान में विश्व तंबाकू निषेध दिवस मनाया गया। इस अवसर पर संस्थान के निदेशक प्रो. जयंत दास द्वारा सभी कर्मचारियों को तंबाकू निषेध की शास्त्रिय विलाय सौंदर्य और शुद्धि के लिए सहयोग का सुझाव प्रस्तुत किया। प्रो. पूनम खट्टर एवं श्री अनिल कुमार, उप-निदेशक (प्रश.।) ने तंबाकू के उपयोग के कारण स्वास्थ्य संबंधी खतरों का विस्तार से समझाया।
डा. भीमराव अंबेडकर की 128वीं जयंति

भारत सरकार डा. भीमराव अंबेडकर की 128वीं जयंती राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान में 18 अप्रैल 2019 को मनाई गई। संस्थान के प्रेसवाहिक में आयोजित कार्यक्रम में प्रो. जयंत दास, निदेशक, सचिवालय, संस्थान ने भारतीय संस्थान के मुख्य निदेशक को पुष्पांजलि अर्पित की। इस अवसर पर निदेशक महोदय सहित प्रो. गृहमें खदूनाथ, प्रो. मिहिर कुमार नलिक डा. सरिता मौलिक एवं श्री अनिल कुमार उप-निदेशक (प्रशासन) ने अपने विचार व्यक्त किए। प्रयोक्ता वक्ता ने भारत के संविधान-निर्माण में योगदान देने वाले डा. भीमराव अंबेडकर जी के महत्वपूर्ण योगदान पर अपने विचार व्यक्त किए। कार्यक्रम का सफल संचालन श्री प्रेमपाल द्वारा किया गया।

चित्र दिर्घा

प्रशिक्षण का लाभ प्रतिक्रिया समूह प्रशिक्षण एवं प्रतिबाद।

संस्थान के निदेशक प्रो. जयंत दास नरसिंग में शैक्षणिक तकनीक के प्रतिभागियों को प्रमाण पत्र देते हुए।

एनसीसीएमआरसी बैठक का समूह चित्र।

आयातकारीं तपस्या बैठक का समूह चित्र।
## Training Courses/Workshops Conducted

<table>
<thead>
<tr>
<th>S. No</th>
<th>Title of Course</th>
<th>Name of Coordinator (s)/ Nodal Officer (s)</th>
<th>Duration</th>
<th>No. of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Training at Daksh National Skills Lab</td>
<td>Dr. Nanthini Subbiah</td>
<td>1 to 6 April, 2019</td>
<td>8</td>
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<td></td>
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<td>22 to 27 April, 2019</td>
<td>15</td>
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<td></td>
<td>29 April to 4 May, 2019</td>
<td>9</td>
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<td>23 to 31 May, 2019</td>
<td>26</td>
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<td></td>
<td>27 May to 1 June, 2019</td>
<td>8</td>
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<td></td>
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<td></td>
<td>10 to 15 June-2019</td>
<td>7</td>
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<tr>
<td>2</td>
<td>Consultation Workshop “To update the Prototype Training Material” under National Tobacco Control Programme (NTCP)</td>
<td>Prof. Jayanta K. Das Prof. Poonam Khattar</td>
<td>22 to 23 April, 2019</td>
<td>22</td>
</tr>
<tr>
<td>3</td>
<td>Training Course on Hospital Preparedness for Health Emergency for Senior Hospital Administrators</td>
<td>Prof. Jayanta K. Das Prof. Manish Chaturvedi</td>
<td>22 to 27 April, 2019</td>
<td>15</td>
</tr>
<tr>
<td>4</td>
<td>Training Course on Management of Public Health Emergency of District Health Officers</td>
<td>Prof. Jayanta K. Das Prof. Manish Chaturvedi</td>
<td>29 April to 11 May, 2019</td>
<td>14</td>
</tr>
<tr>
<td>5</td>
<td>Training of Cold Chain Technicians on Repair and Maintenance of ILR, DF &amp; Voltage Stabilizer</td>
<td>Prof. Sanjay Gupta</td>
<td>15 to 23 May, 2019</td>
<td>20</td>
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<td></td>
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<td></td>
<td>12 to 20 June, 2019</td>
<td>16</td>
</tr>
<tr>
<td>6</td>
<td>Ninth National Batch of Training on Vaccine &amp; Cold Chain Management (T-Vacc)</td>
<td>Dr. Sanjay Gupta</td>
<td>27 to 31 May, 2019</td>
<td>22</td>
</tr>
<tr>
<td>7</td>
<td>Rapid Response Team-Training of Trainers (RRT-TOT)</td>
<td>Dr. N.K. Yadav</td>
<td>27 to 31 May, 2019</td>
<td>40</td>
</tr>
<tr>
<td>8</td>
<td>Training of Trainers (ToT) for Senior Faculties of Partner Institutions on Management of Public Health Emergency and Hospital Preparedness for Health Emergencies</td>
<td>Prof. Jayanta K. Das Prof. Manish Chaturvedi</td>
<td>10 to 22 June, 2019</td>
<td>12</td>
</tr>
</tbody>
</table>

## Forthcoming Training Courses

### A. Intra Mural

<table>
<thead>
<tr>
<th>S. No</th>
<th>Title</th>
<th>Coordinator (s)/ Nodal Officer (s)</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Training of Trainers under National Tobacco Control Programme (NTCP)</td>
<td>Prof. Poonam Khattar</td>
<td>8-12 July, 2019 22-26 July, 2019 5-9 August, 2019 2-6 September, 2019</td>
</tr>
<tr>
<td>2</td>
<td>Training of Cold Chain Technicians in Repair and Maintenance of ILR, DF &amp; Voltage Stabilizer.</td>
<td>Prof. Sanjay Gupta</td>
<td>10-18 July, 2019 11-19 September, 2019</td>
</tr>
<tr>
<td>3</td>
<td>Training Course on Curriculum Design and Evaluation for Health Professionals</td>
<td>Prof. Neera Dhar</td>
<td>22-26 July, 2019</td>
</tr>
</tbody>
</table>

Conti. on page No. 8
<table>
<thead>
<tr>
<th>S. No.</th>
<th>Title</th>
<th>Coordinator (s)/ Nodal Officer (s)</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.</td>
<td>Training on Vaccine and Cold Chain Management (T-VaCC)</td>
<td>Prof. Sanjay Gupta</td>
<td>29 July-2 August, 2019</td>
</tr>
<tr>
<td>5.</td>
<td>Training Course on ‘Lifestyle Diseases and Health Promotion’</td>
<td>Prof. Poonam Khattar</td>
<td>5-9 August, 2019</td>
</tr>
<tr>
<td>6.</td>
<td>Training Course on Nursing Management for Senior Nursing Professionals</td>
<td>Dr. Nanthini Subbiah</td>
<td>19-23 August, 2019</td>
</tr>
<tr>
<td>7.</td>
<td>Training Course on Data Analysis using Statistical Software for Health and Demographic Research</td>
<td>Prof. Pushpanjali Swain</td>
<td>2-6 September, 2019</td>
</tr>
<tr>
<td>8.</td>
<td>National EVM IP Review Workshop - 2019</td>
<td>Prof. Sanjay Gupta</td>
<td>4-6 September, 2019</td>
</tr>
<tr>
<td>9.</td>
<td>Training Course on Health Care Communication</td>
<td>Prof. Mihir Mallick</td>
<td>16-20 September, 2019</td>
</tr>
</tbody>
</table>

**B. Extra Mural**

<table>
<thead>
<tr>
<th>1.</th>
<th>Training for Cold Chain Technicians in Repair and Maintenance of ILR, DF &amp; Voltage Stabilizer at NCCRC, Pune</th>
<th>Prof. Sanjay Gupta</th>
<th>15-23 July, 2019</th>
</tr>
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<td>2.</td>
<td>Training for Cold Chain Technicians in Repair and Maintenance of Walk-in-Coolers (WICS) and Walk-in-Freezers (WIFS), at NCCRC, Pune</td>
<td>Prof. Sanjay Gupta</td>
<td>26-31 August, 2019</td>
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