

The NIHFW Newsletter

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निदेशक की कलम से



प्रिय पाठकों,

प्रतिवेदित अवधि की त्रैमासिक गतिविधियों को आपके समक्ष रखते हुए मुझे अत्यंत प्रसन्नता का अनुभव हो रहा है। इस अवधि में संस्थान कई महत्वपूर्ण गतिविधियों में सक्रिय रहा। कई तरह के प्रशिक्षण कार्यक्रम इस अवधि में आयोजित किए गए जिससे प्रशिक्षु काफी लाभान्वित हुए।

प्रतिवेदित अविध की तिमाही हमारे देश के संविधान को और हमारे कर्तव्यों का हमें पुनर्स्मरण कराती है, जब हम देश के संविधान निर्माता डॉ. बाबा साहेब भीमराव अंबेडकर को उनकी जयंती के अवसर पर श्रद्धासुमन अर्पित करते हैं। यह तिमाही हमारी गौरवपूर्ण विरासत और हमारे व्यावहारिक ज्ञान—विज्ञान के उत्सव की भी तिमाही है, जब हमने संस्थान में अंतर्राष्ट्रीय योग दिवस मनाया। इस अवसर पर मोरारजी देसाई राष्ट्रीय योग संस्थान, नई दिल्ली द्वारा मानद योग प्रशिक्षिका सुश्री कुसुम पाल के निर्देशन में एक योग सत्र का आयोजन किया गया। इसी तिमाही में राजभाषा हिन्दी में कार्य करने वाले कर्मचारियों को पुरस्कृत करने हेतु उनके उत्कृष्ट कार्यों का मूल्यांकन उदारीकृत प्रोत्साहन योजना के अंतर्गत किया गया। संस्थान राजभाषा हिन्दी के प्रगामी प्रयोग के प्रति सदैव से ही सजग एवं सक्रिय रहा है।

संस्थान का राष्ट्रीय कोल्ड चेन और वैक्सीन प्रबंधन संसाधन केंद्र विभिन्न गतिविधियों का श्रेष्ठ प्रदर्शन कर रहा है और इसने प्रतिवेदित तिमाही में उल्लेखनीय उपलब्धियां हासिल की हैं, जिनका उल्लेख भी इस अंक में समाहित है। प्रतिवेदित अविध में राष्ट्रीय स्वास्थ्य मिशन (एनएचएम)/आरसीएच—2 के अंतर्गत उत्तर प्रदेश, महाराष्ट्र, मध्य प्रदेश और हिमाचल प्रदेश राज्य की स्वास्थ्य सेवाओं की गुणवत्ता में सुधार के लिए राज्य स्वास्थ्य एवं परिवार कल्याण संस्थान/सहभागी प्रशिक्षण संस्थान (सी.टी.आई.) के सलाहकारों से प्राप्त 18 यात्राओं की रिपोर्ट को स्वास्थ्य एवं परिवार कल्याण मंत्रालय को प्रस्तुत किया गया।

मुझे प्रसन्नता है कि इस त्रैमासिक अवधि के दौरान की गई तमाम गतिविधियों में संकाय सदस्यों एवं अन्य स्टाफ सदस्यों का मुझे भरपूर सहयोग मिला, जिसके लिए मैं उन सबके प्रति आभार व्यक्त करता हूं। न्यूज़लैटर के प्रस्तुत अंक में इन गतिविधियों की संक्षिप्त झलकियाँ प्रस्तुत हैं।

> प्रो. जयंत दास निदेशक

18th Veda Prakasha Memorial Oration Held

The NIHFW has been organizing the Veda Prakasha Memorial Oration from time to time as per the wish of the family of late Sh. Veda Prakasha. The 18th Veda Prakasha Memorial Oration was held on 27 May 2019. Late Shri Veda Prakasha was a scholar and expert in education. He was a Master of Arts in Philosophy from India as well as in Education from London, and had several distinctions to his credit. He was an Arnold Gold Medalist with his name inscribed in the Hall of Honour. His family deposited a corpus fund at NIHFW, and decided to offer an amount of Rs. ten thousand every year to an academician in the field of Population Education for delivering the Oration. Prof. S. D. Gupta, Chairman, IIHMR University, Trustee Secretary, and President



Prof. S. D. Gupta, Chairman, IIHMR University during Veda Prakasha Oration.

IIHMR, delivered the oration this year. Shri A. R. Nanda, Former Secretary (H & FW), Government of India; and Board Chair, Coalition for Food and Nutrition Security, presided over the function.

Prof. Gupta presented a vivid perspective of the rising population of India, and its impact on health and development of the nation. He orated with examples (Conti. on page No. 2)

There are over 200 million illiterate women in India. This low literacy negatively impacts not just their lives but also their families' and the country's economic development. A girl's lack of education also has a negative impact on the health and well-being of her children.

- Sachin Tendulkar



दास तथा संकाय सदस्य।

(From Pre page) whether the rising population is to be viewed as a problem, a challenge or as an opportunity. He proposed a comparative analysis of population pattern in various States of India and other selected countries. He presented a detailed analysis of how the demographic dividend is opening a window of opportunities; and also putting emerging challenges and impact on forest, water, agriculture and land. He concluded with a call for concerted actions with respect to meeting the Sustainable Development Goals in India.

Programme Advisory Committee

The 36th Programme Advisory Committee (PAC) of the NIHFW was held on 15-16 April 2019 in the Institute. Prof. Jayanta K. Das, Director, welcomed the newly appointed Chairman of the Committee, Dr. Saudan Singh; and hoped that the Institute would shine in its endeavour under his Chairmanship. Dr. Das also thanked the contribution of former Chairman and members in giving their technical inputs to the academic activities of the Institute.



In all, 10 research studies, 30 training programmes and 18 special activities were proposed by the faculty. Also, presentation on ongoing and completed research studies as well as training programmes and special activities were made by the respective investigators and coordinators. These were deliberated at length and suggestions were discussed.

The Chairperson and members of the PAC appreciated the proposals presented by the faculty and conveyed their good wishes to the faculty and research staff of the Institute.

राजभाषा कार्यान्वयन समिति की बैठक

13 मई, 2019 को संस्थान के बोर्ड कक्ष में निदेशक महोदय प्रो. जयंत दास की अध्यक्षता में राजभाषा कार्यान्वयन समिति की बैठक का आयोजन किया गया। बैठक में सदस्य–सचिव श्री अरविन्द कुमार द्वारा संस्थान के सरकारी कामकाज में हिंदी के प्रगामी प्रयोग के लिए वर्ष 2019–20 का वार्षिक कार्यक्रम प्रस्तुत किया गया, जिसे समिति ने अनुमोदित कर दिया। समिति द्वारा 31 मार्च, 2019 को समाप्त तिमाही की अवधि में संस्थान के सरकारी कामकाज में हिंदी के प्रयोग संबंधी प्रगति की समीक्षा की गई।

उदारीकृत प्रोत्साहन योजना के अंतर्गत मूल्यांकन उप-समिति की बैठक

सरकारी कामकाज में हिन्दी के प्रयोग को बढ़ावा देने हेतु उदारीकृत प्रोत्साहन योजना के अंतर्गत हिंदी में उत्कृष्ट कार्य करने वाले कर्मचारियों को नगद राशि देकर पुरस्कृत किया जाता है। उक्त प्रयोजन हेतु वित्तीय वर्ष 2018–19 के पुरस्कारों की सिफारिश के लिए मूल्यांकन उप–समिति की बैठक प्रो. मनीष चतुर्वेदी की अध्यक्षता में 14 जून, 2019 को आयोजित हुई। समिति के अन्य सदस्य डा. अंकुर यादव, श्री वी.पी. उप्रेती, श्री एस.के. गुप्ता एवं सदस्य–सचिव श्री अरविंद कुमार भी बैठक में उपस्थित थे। मूल्यांकन उप–समिति की सिफारिशों के आधार पर श्री जगदीश सिंह रावत (लेखापाल) एवं श्री आनंद मोहन (अवर श्रेणी लिपिक) को प्रथम पुरस्कार हेतु; श्री मुकेश कुमार कौशिक (अवर श्रेणी लिपिक), श्री वी. एस. रावत (अवर श्रेणी लिपिक) एवं श्रीमती मीना कुमारी (अवर श्रेणी लिपिक) को द्वितीय पुरस्कार हेतु; एवं श्री एडमंड कुजूर, (अवर श्रेणी लिपिक-तदर्थ) को तृतीय पुरस्कार हेतु चयनित किया गया।

National Skills Lab-DAKSH

During this quarter, National Skills lab-DAKSH conducted five training courses in which 36 participants were trained.

National Cold Chain and Vaccine Management Resource Centre (NCCVMRC)

The Centre has been performing various activities and has made remarkable achievements over the last quarter. The details of the activities are given below:

- NCCVMRC being the technical secretariat of EVM Assessments, provided its complete support to the Rajasthan, Gujarat, Maharashtra and Odisha states for organizing and conducting Improvement Development Workshop from 08 to 18 May, 2019 (Rajasthan), 6 to 7 June, 2019 (Gujarat), 12 to 22 June, 2019 (Maharashtra) and 27 to 29 June, 2019 (Odisha). NCCVMRC team supported the whole activity in close collaboration with MoHFW, UNICEF and State Governments of Rajasthan, Gujarat, Maharashtra and Odisha.
- To provide technical support in functionalizing of WIC & WIF, the NCCVMRC officials visited Govt. Medical Store Depot (GMSD), Karnal and State Vaccine Store (SVS), Jammu.
- During this quarter, NCCVMRC conducted three Training courses, in which 58 participants were trained.

Centre for Health Informatics (CHI) of National Health Portal (NHP)

Some of the significant activities of CHI in the reported quarter are listed below:

- Brief information on 16 new diseases like Amaurosis Fugax, Double Elevator Palsy, Mucus-Fishing Syndrome, Postnatal Depression, Female Genital Mutilation, Abducens Nerve Palsy, Cleft Lip and Cleft Palate, Bruxism, Bleeding Gums, Bad Breath, Mouth Ulcers, Malocclusion, Cavities, Gum Disease, Tooth Sensitivity and Lactose Intolerance have been added under Diseases A-Z section. 52 existing diseases of Diseases A-Z section were reviewed during the NHP revamping activities.
- Added information relating to the National Oral Health Programme published under Health Programme Section, National Patient Safety Implementation Framework published under Health Policies Section, Elimination of industrially produced trans fats from the food supply by 2023-WHO and Non-communicable diseases and their risk factors published under Healthy Lifestyle Section.
- Information relating to Manage Your Medication, Blood Donation, Developmental Milestones, Social Health and Sexual Health were added and published under Miscellaneous Section.
- Two health days in the Health Wellness Calendar of the portal namely: World Sickle Cell Day and World Unani Day were added.
- New Modules for diseases created on Chronic Sinusitis (Waram-e-Tajaweef-e- Anf Muzmin), Epistaxis (Rua'af) and Kalonji/Shooneez (Nigella sativa Linn.) under common medicinal plants of Unani Medicine were published under AYUSH Section. Content of 17 AYUSH modules were also reviewed during the NHP revamping activities.
- A two page feature article in English highlighting MoHFW's initiatives on different health issues viz. "Accelerating Progress towards Universal Health Coverage"; "Physical Activity for a Healthier World"; "Ministry of Health and Family Welfare Accelerating Tobacco Control Measures" and one full page advertorial each in Hindi and English on 'Universal Health Coverage', 'Promote Physical Activity for Health' and 'National Tobacco Control Programme (NTCP)' published during April-June, 2019 in monthly 'Airport India Magazine' for dissemination of information.
- NHP has made a remarkable social media presence with twitter impression of approximately 13 lakhs and facebook post reach of approximately 3 Lakhs during this quarter. NHP team regularly updates health tips and messages on social media.

National Health Mission/RCH-II

- Quarterly Training Progress Report for fourth quarter (January–March, 2019) along with Annual Progress Report for the FY 2018-19 were prepared by analyzing and compiling the monthly training progress report received from the states and submitted to MoHFW.
- To monitor the quality of ongoing trainings, two monitoring visits were conducted by the Consultants of NIHFW to the States of Gujarat and Maharashtra.
- In order to improve the quality of trainings, eighteen monitoring visits were made by the consultants of SIHFW/CTIs for the States/UTs of Uttar Pradesh, Maharashtra, Madhya Pradesh and Himachal Pradesh and the feedback and recommendations for improvements have been shared with all concerned.

Activities of Prof. Jayanta K. Das, Director

- Attended the World Health Day celebration, organized by the World Health Organization in New Delhi on April 5, 2019.
- Chaired a Panel Discussion on Universal Health Coverage: Everyone, Everywhere, organized by the Department of Community Medicine of VMMC & SJH in collaboration with IPHA DSB in New Delhi on April 8, 2019.
- Attended a meeting to discuss provisional agenda items and other relevant agenda items and other relevant subjects related to the 72nd Session of World Health Assembly, organized by the MoHFW in New Delhi on April 30, 2019.
- Attended a meeting on 'Health Adaptation Plan for Climate Sensitive Diseases prepared by identified Centres of Excellence', organized by National Centre for Disease Control, MoHFW, in New Delhi on May 3, 2019.
- Attended a meeting on Courses and Studies (Community Medicine) for Master of Public Health at NIHFW, organized by University of Delhi, on May 15, 2019.
- Chaired a Session on 'Dengue in India: Challenges and Way Forward' during the Technical Symposium on the occasion of National Dengue Day, jointly organized by the Department of Medicine, AIIMS, New Delhi and National Vector Born Disease Control Programme, MoHFW, in New Delhi on May 16, 2019.
- Attended the Expert Review Committee Meetings for Case Classification of AFP cases with 'Inadequate and Vaccine Virus Positive Stool Samples', at the WHO-Country Office (National Polio Surveillance Project), New Delhi on May 29 and June 28, 2019.
- Attended the 'World No Tobacco Day Celebration', organized by the MoHFW and WHO in New Delhi on May 31, 2019.

Faculty/Staff Activities

Dr. Poonam Khattar, Professor and Acting Head, Department of Communication

- Attended the National Conference on "Tobacco and Lung Health" organized by the Ministry of Health and Family Welfare, Government of India on 31 May, 2019.
- Participated as a Panelist and Resource Person at the 13th Indian Association of Public Health Dentists, PG Convention and also delivered a talk on "Health Communication: Challenges and Opportunities for Oral Health in India" at Maulana Azad Institute of Dental Sciences, New Delhi from 13 to 15 June, 2019.

Dr. Pushpanjali Swain, Professor and Head, Department of Statistics and Demography

- Attended the "Data Users Conference, Census 2021" at Vigyan Bhawan, New Delhi on 9 and 10 April, 2019.
- As External Examiner conducted the Ph.D. Viva Voce Examination at International Institute for Population Sciences, Mumbai on 4 May, 2019.
- Attended TAC meeting on Coverage Evaluation Survey 2018 at MoHFW, New Delhi on 21 June, 2019.

Dr. Meerambika Mahapatro, Associate Professor, Department of Social Sciences

• Delivered a lecture on 'Social Disparities and Gender Differentials in Access to Higher Education' at International Centre for Environment Audit and Sustainable Development, Jaipur on 23 May, 2019.

Mr. Salek Chand, SDO, NDC

- As a Resource Person, Chaired a Technical Session in the National Conference on "Professional Ethics of Library Development and Services" organized by Library Professional Association and Dr. Ranganathan Rajya Pustkalay Samiti, Muzaffarpur, Bihar on 20 April, 2019.
- As a Resource Person attended the 1st International Conference on "Information and Knowledge Managemenl (I-lKM)" in Dhaka, Bangladesh from 25-27 April, 2019.
- Attended a "Second National Conference on ERMED Consortium: Digital Health Resources: A Reality", organized by the National Medical Library, New Delhi on 2-3 May, 2019.
- As a Resource Person Chaired a Technical Session in National Conference JSLACON, organized by PDUG Medical College, Rajkot, Gujarat on 9 June, 2019.

Publications

• Y.S. Kurniawana, M. Ryu, S. Ramachandra Rao, W Iwasaki, S. Morisada, H. Kawakitaa, K. Ohto, M. Maekic, M. Miyazaki, Jumina (2019), Separation of Pb(II) ion with tetraacetic acid derivative of calix[4]arene by using droplet-based microreactor system, Indonesian Journal of Chemistry, 19(2), 368-375.

Nursing and other Visits

A total of 318 nursing students and 32 faculty members from 4 institutions visited the NIHFW. Brief orientation programmes were organized for them regarding various activities of the Institute and other issues related to health in the country. In addition, 26 post-graduate students from two institutes also visited the NIHFW.

अंतर्राष्ट्रीय योग दिवस

21 जून 2019 को संस्थान में अंतर्राष्ट्रीय योग दिवस मनाया गया। इस अवसर पर मोरारजी देसाई राष्ट्रीय योग संस्थान, नई दिल्ली द्वारा मानद योग प्रशिक्षिका सुश्री कुसुम पाल के निर्देशन में एक योग सत्र का आयोजन किया गया। संस्थान के निदेशक प्रो. जयंत दास के नेतृत्व में लगभग 80 प्रतिभागियों ने इस अभ्यास सत्र में



अंतर्राष्ट्रीय योग दिवस के दौरान संस्थान के संकाय सदस्य तथा कर्मचारीगण।

भाग लिया। अभ्यास सत्र के पश्चात सावन कृपाल रूहानी मिशन, नई दिल्ली के सहयोग से "ध्यान खुशियों की कुंजी" विषयक एक कार्यशाला का आयोजन किया गया जिसका संचालन ध्यान विशेषज्ञ डा. नीतू अरनेजा ने किया।

इस अवसर पर संस्थान के निदेशक प्रो. जयंत दास ने सभी विशेषज्ञों और कर्मचारियों का स्वागत करते हुए व्यक्तिगत रूप से शारीरिक, मानिसक और आध्यात्मिक दृष्टि से स्वस्थ रहने के लिए योग को अपनाने पर ज़ोर दिया। कार्यक्रम में प्राकृतिक खाद्य पदार्थ और प्राकृतिक पर्यावरण के महत्व को समझते हुए प्रतिभागियों को नाश्ते में अंकुरित अनाज, मक्खन, दूध, फल और आम—पना एंव शिकंजी जैसे प्राकृतिक पेय सेवन हेतु दिए गए। उप—िनदेशक (प्रशा.) श्री अनिल कुमार एवं सहायक प्रो. डा. अंकुर यादव ने संयुक्त रूप से कार्यक्रम का सफल संचालन किया।

विश्व तंबाकू निषेध दिवस

31 मई, 2018 को संस्थान में विश्व तंबाकू निषेध दिवस मनाया गया। इस अवसर पर संस्थान के निदेशक प्रो. जयंत दास द्वारा सभी कर्मचारियों को तंबाकू निषेध की शपथ दिलाई गई। प्रो. पूनम खट्टर एवं श्री अनिल कुमार, उप—निदेशक (प्रशा.) ने तंबाकू के उपयोग के कारण स्वास्थ्य संबंधी खतरों को विस्तार से समझाया।



डा. भीमराव अंबेडकर की 128वीं जयंती

भारत रत्न डा. भीमराव अंबेडकर की 128वीं जयंती राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान में 18 अप्रैल 2019 को मनाई गई। संस्थान के प्रेक्षागृह में आयोजित कार्यक्रम में प्रो. जयंत दास, निदेशक, रास्वापक. संस्थान ने भारतीय संविधान के मुख्य निर्माता को पुष्पांजिल अर्पित की। इस अवसर पर निदेशक महोदय सिहत प्रो. पूनम खट्टर, प्रो. मिहिर कुमार मिलक डा. सिरता गौतम एवं श्री अनिल कुमार, उप—निदेशक (प्रशासन) ने अपने विचार व्यक्त किए। प्रत्येक वक्ता ने भारत के संविधान—निर्माण में बाबा साहेब डा. भीमराव अंबेडकर जी के महत्वपूर्ण योगदान पर अपने विचार व्यक्त किए। कार्यक्रम का सफल संचालन श्री प्रेमपाल द्वारा किया गया।



डा. भीमराव अंबेडकर की 128वीं जयंती के अवसर पर प्रो. जयंत दास, निदेशक, श्री अनिल कुमार, उपनिदेशक, प्रशासन तथा संकाय सदस्य।

चित्र दिर्घा





प्रशिक्षकों का त्वरित प्रतिक्रिया समूह प्रशिक्षण एवं प्रतिभागी।





संस्थान के निदेशक प्रो. जयंत दास नर्सिंग में शैक्षणिक तकनीक के प्रतिभागियों को प्रमाण पत्र देते हुए।



एनसीसीवीएमआरसी बैठक का समूह चित्र।



आपातकालीन तत्परता बैठक का समूह चित्र।

Training Courses/Workshops Conducted

S. No	Title of Course	Name of Coordinator (s)/ Nodal Officer (s)	Duration	No. of Participants
1.	Training at Daksh National Skills Lab	Dr. Nanthini Subbiah	1 to 6 April, 2019	8
			22 to 27 April, 2019	15
			29 April to 4 May, 2019	9
			23 to 31 May, 2019	26
			27 May to 1 June, 2019	8
			10 to 15 June-2019	7
2.	Consultation Workshop "To update the Prototype Training Material" under National Tobacco Control Programme (NTCP)	Prof. Jayanta K. Das Prof. Poonam Khattar	22 to 23 April, 2019	22
3.	Training Course on Hospital Preparedness for Health Emergency for Senior Hospital Administrators	Prof. Jayanta K. Das Prof. Manish Chaturvedi	22 to 27 April, 2019	15
4.	Training Course on Management of Public Health Emergency of District Health Officers	Prof. Jayanta K. Das Prof. Manish Chaturvedi	29 April to 11 May, 2019	14
5.	Training of Cold Chain Technicians on Repair and Maintenance of ILR, DF & Voltage Stabilizer	Prof. Sanjay Gupta	15 to 23 May, 2019 12 to 20 June, 2019	20 16
6.	Ninth National Batch of Training on Vaccine & Cold Chain Management (T-Vacc)	Dr. Sanjay Gupta	27 to 31 May, 2019	22
7.	Rapid Response Team-Training of Trainers (RRT-TOT)	Dr. N.K. Yadav	27 to 31 May, 2019	40
8.	Training of Trainers (ToT) for Senior Faculties of Partner Institutions on Management of Public Health Emergency and Hospital Preparedness for Health Emergencies		10 to 22 June, 2019	12

Forthcoming Training Courses

S. No.	Title	Coordinator (s)/ Nodal Officer (s)	Dates					
A. In	A. Intra Mural							
1.	Training of Trainers under National Tobacco Control Programme (NTCP)	Prof. Poonam Khattar	8-12 July, 2019 22- 26 July, 2019 5- 9 August, 2019 2-6 September, 2019					
2.	Training of Cold Chain Technicians in Repair and Maintenance of ILR, DF & Voltage Stabilizer.	Prof. Sanjay Gupta	10-18 July, 2019 11-19 September, 2019					
3.	Training Course on Curriculum Design and Evaluation for Health Professionals	Prof. Neera Dhar	22-26 July, 2019 <i>Conti. on page No. 8</i>					

S. No.	From pre page Title	Coordinator (s)/ Nodal Officer (s)	Dates				
4.	Training on Vaccine and Cold Chain Management (T-VaCC).	Prof. Sanjay Gupta	29 July-2 August, 2019				
5.	Training Course on 'Lifestyle Diseases and Health Promotion'	Prof. Poonam Khattar	5-9 August, 2019				
6.	Training Course on Nursing Management for Senior Nursing Professionals	Dr. Nanthini Subbiah	19-23 August, 2019				
7.	Training Course on Data Analysis using Statistical Software for Health and Demographic Research	Prof. Pushpanjali Swain	2-6 September, 2019				
8.	National EVM IP Review Workshop - 2019	Prof. Sanjay Gupta	4-6 September, 2019				
9.	Training Course on Health Care Communication	Prof. Mihir Mallick	16-20 September, 2019				
B. Ex	B. Extra Mural						
1.	Training for Cold Chain Technicians in Repair and Maintenance of ILR, DF & Voltage Stabilizer at NCCRC, Pune	Prof. Sanjay Gupta	15-23 July, 2019 18-26 September, 2019				
2.	Training for Cold Chain Technicians in Repair and Maintenance of Walk-in-Coolers (WICS) and Walk-in-Freezers (WIFS), at NCCRC, Pune	Prof. Sanjay Gupta	26- 31 August, 2019				



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