Introduction
The Government of India launched the National Rural Health Mission (NRHM) in April 2005 with a goal to improve the availability of and access to quality health care by the people, especially for those residing in the rural areas, the poor, women and children. The NRHM proposed an intensive monitoring and supervision framework through a three pronged process of community based monitoring, external surveys and stringent internal monitoring. A programme was designed and initiated to tackle problems with certain goals and objectives by adopting various appropriate strategies to achieve them. For comprehensive monitoring and evaluation of the programme, improvement in knowledge and skills of personnel involved in monitoring and evaluation through training, greater interaction between programme officers, administrative/finance officers and statisticians and wider dissemination of information up to grass root level workers is necessary. This will also minimize some of the problems related to programme management.

In order to improve the skills of the health professionals for monitoring of National Health Programmes including NHM, the National Institute of Health and Family Welfare, New Delhi has planned to organise a training course on “Monitoring and Evaluation of National Health Programmes including NHM”.

General Objective
To enhance the competence of state/district level health officials in monitoring and evaluation for improved monitoring and evaluation in States/Districts of National Health Programmes including NHM.

Specific Objectives
At the end of training participants would be able to:
- Describe conceptual framework relating to M&E and Supportive Supervision in National Health Programmes including NHM.
- Discuss various concepts and techniques of monitoring and evaluation including surveillance.
- Describe use of information available in HMIS and MCTS portals for monitoring of National Health Programmes including NHM.
- Discuss and use log-frame approach as monitoring tool.
- Discuss the use of M&E results for policy and planning purposes.

Course Contents
- Conceptual Framework of Monitoring & Evaluation and Supportive Supervision of National Health Programmes including NHM.
- Type of monitoring, supervision & evaluation.
- Concepts and Techniques in M & E.
- Use of NFHS in M&E.
- Utilization of HMIS portal for decision making.
- Result based M&E system.
- Common Review Mission (CRM) as tool of M&E.
- Log-frame approach.
- Data Triangulation using various sources for monitoring.
- Communicating M&E results for Policy and Planning.
- Monitoring of PIP under NHM.

Methodology
Lecture discussion, group work, exercise & presentation by participants, etc.

Number and Nature of Participants
Approximately 30 participants from the categories of State NHM/RMNCH+A Coordinators, State Demographers, RMNCH+A Consultants, officials of PMU, Faculty from Medical Colleges, SIHFWs, PRCs, etc.

Course Outcome
This training course is expected to enhance the competence of state level officials/trainers in the preparation of district/state level plan of action for monitoring under National Health Programmes including NHM. The course will also be helpful to undertake the situational analysis of monitoring and evaluation (M&E) system in place under National Health Programmes including NHM in various States and to plan appropriate training of the officials at various levels in M&E.

It’s not lack of health programmes but implementation that plagues primary health care system in India. Implementation without monitoring, feedback and corrective actions is wastage of resources.
The National Institute of Health and Family Welfare is a premier autonomous Institute, funded by the Ministry of Health and Family Welfare, Government of India. It has kept pace with the new thinking and substantially contributed to the health human resource development in the country.

NIHFW serves as an apex 'technical institute' as well as a 'think tank' to promote health and family welfare programmes in the country through education and training, research and evaluation, consultancy and advisory services, specialized projects, etc.

### About the Institute

The nominated participants must be having computer/Lab top with web cam, mike, speaker and internet facility.

The details programme schedule will be shared later. The course will be conducted through google meet around three hours daily in forenoon.

### Course Fee

There is a course fee of Rs. 1000/- for each participant, to be borne by sponsoring states/organizations.

### Physical Requirement

The nominated participants must be having computer/Lab top with web cam, mike, speaker and internet facility.

The details programme schedule will be shared later. The course will be conducted through google meet around three hours daily in forenoon.

### Last Date for Receiving Nominations

30th June, 2021

### Course Coordinating Team

**Course Coordinator** : Prof. V.K. Tiwari

**Course Co-coordinator**: Prof. Manish Chaturvedi
Dr. Ramesh Chand

**Course Associates** : Dr. Ramesh Gandotra
Dr. Sherin Raj T.P