



Prof. Harshad P. Thakur, joined NIHFW as the Director on 1 October 2019. He is an MBBS and MD in PSM from Seth GS Medical College and KEM Hospital, Mumbai. Prior to joining NIHFW, he has served as a faculty in KEM Hospital and Tata Institute of Social Sciences (TISS, Mumbai) for seven and fifteen years respectively.

राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान में केंद्रीय स्वास्थ्य सेवा के नव-नियुक्त चिकित्सा अधिकारियों के लिए आधारभूत प्रशिक्षण कार्यक्रम का शुभारंभ

राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान, नई दिल्ली में 16 दिसंबर, 2019 को केंद्रीय स्वास्थ्य सेवा के नव नियुक्त चिकित्साधिकारियों के लिए आधारभूत प्रशिक्षण कार्यक्रम का शुभारंभ किया गया। कार्यशाला का उद्घाटन मुख्य अतिथि श्रीमती प्रीति सूदन, स्वास्थ्य सचिव, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार ने दीप प्रज्ज्वलन के साथ

किया। इस अवसर पर केंद्रीय स्वास्थ्य मंत्रालय से डॉ. डी एस गंगवार, अपर सचिव एवं वित्तीय सलाहकार तथा श्रीमती गायत्री मिश्रा, संयुक्त सचिव (केंद्रीय स्वास्थ्य सेवा) विशिष्ट अतिथि के रूप में उपस्थित थे। कार्यक्रम की अध्यक्षता संस्थान के निदेशक प्रोफेसर हर्षद ठाकुर ने की। संस्थान के उप निदेशक (प्रशासन) श्री अनिल कुमार ने अतिथियों का स्वागत करते हुए कार्यक्रम का शुभारंभ किया।

अपने अध्यक्षीय संबोधन में संस्थान के निदेशक प्रोफेसर हर्षद ठाकुर ने सभी का स्वागत करते हुए नव नियुक्त चिकित्साधिकारियों के लिए आधार प्रशिक्षण कार्यक्रम की रूपरेखा व महत्व के बारे में विचार व्यक्त किए।

डॉ. डी एस गंगवार ने चिकित्सा व्यवसाय और लोक सेवा की तुलना करते हुए कहा कि जहां एक ओर चिकित्सक रोगियों की सेवा कर अपने चिकित्सकीय धर्म को निभाता है, वहीं एक लोक सेवक लोक कल्याणकारी नीतियों का निर्माण कर असंख्य लोगों के जीवन को सुलभ, सुखद और सक्षम बनाता है। श्रीमती गायत्री मिश्रा ने सभी चिकित्साधिकारियों की सराहना करते हुए उन्हें अपने उत्तरदायित्वों का कुशलतापूर्वक निर्वहन करने के प्रति शुभकामनाएँ दीं।

कार्यक्रम की मुख्य अतिथि श्रीमती प्रीति सूदन ने चिकित्सक के व्यवसाय को अत्यंत महत्वपूर्ण बताते हुए कहा कि एक डॉक्टर को नितांत संवेदनशील होना चाहिए और अपने मरीजों से उसे इंसानियत से भरा हुआ व्यवहार करना चाहिए। उन्होंने कहा कि किसी भी रोगी के उपचार में 50 प्रतिशत दवाइयाँ काम करती हैं जबकि मरीज में 50 प्रतिशत सुधार मात्र डॉक्टर के आत्मीय व्यवहार से होता है। निदेशक प्रोफेसर हर्षद ठाकुर ने अतिथियों को स्मृति चिन्ह भेंट कर सम्मानित किया एवं सभी नव नियुक्त चिकित्साधिकारियों को शुभकामनाएँ दीं। संस्थान के डीन प्रोफेसर वी के तिवारी ने सभी आगंतुकों का धन्यवाद व्यक्त किया। उप निदेशक (प्रशासन) श्री अनिल कुमार ने कार्यक्रम का सफल संचालन किया।

कार्यक्रम की रूपरेखा व महत्व के बारे में डीन प्रोफेसर वी. के. तिवारी ने प्रकाश डाला। डॉ. नंदिनी सुब्बइया ने धन्यवाद ज्ञापित किया। उप निदेशक (प्रशासन) श्री अनिल कुमार ने कार्यक्रम का सफल संचालन किया।



मुख्य अतिथि श्रीमती प्रीति सूदन, स्वास्थ्य सचिव, भारत सरकार, डॉ. डी एस गंगवार, अपर सचिव एवं वित्तीय सलाहकार, एवं श्रीमती गायत्री मिश्रा, संयुक्त सचिव (केंद्रीय स्वास्थ्य सेवा) विशिष्ट अतिथि, प्रो. हर्षद पी. ठाकुर, निदेशक, प्रो. वी. के. तिवारी, डीन तथा श्री अनिल कुमार, उप निदेशक, रास्वापक संस्थान

Faculty/Staff Activities

Prof. V.K. Tiwari, Professor and Head, Department of Planning and Evaluation

- As the Principal Investigator, submitted the Report of the Evaluation of AYUSH Components in the National Programme for Prevention and Control of Cancer, Diabetes, Cardio-vascular Diseases and Stroke (NPCDCS) in Collaboration with DGHS, MoHFW.
- Supervised the dissertation on the topic Depression during Post natal Period- A Case Study of Hilly Area in India, by an MPH scholar of Amity University, Manesar.
- Attended the 40th IASP Annual Conference, organized by the University of Kerala, Thiruvananthapuram, during 12-14 December 2019 as the General Secretary of Indian Association for Study of Population (IASP), and also presented a paper on Knowledge, Awareness and Health Seeking Behaviour among Hepatitis Patients Attending a Tertiary Hospital in Delhi.
- Presented a paper on Economic Burden and Ability to Pay for Treatment among Hepatitis Patients Attending a Government Tertiary Care Hospital in Delhi in the 17th Annual Conference of Indian Association of Social Sciences and Health (IASSH) organized by the IIT Mandi, during 8-10 December 2019. He also took a session on Report Writing on 7 December 2019 for IIT Mandi students.

Prof. S.V. Adhish, Prof. and Head, Department of Community Health Administration

- Attended Selection Committee as External Expert of Professionals in Delhi Pharmaceutical University, on 6 November 2019.

Prof. Poonam Khattar, Professor and Acting Head, Department of Communication

- Resource Person for the session on Information, Education and Communication: Concepts, Importance, Group Discussion, Role Play and Health Promotion in the Regional Training Programme on Prevention and Control of Communicable Diseases for Para-medical Personnel of South East Asia Region; held at the National Centre for Disease Control on 18 December 2019.
- Attended a Consultative Workshop on Swasth Nagrik Abhiyan: IEC Programme, organized at NITI Aayog on 19 December 2019.

Prof. Pushpanjali Swain, Professor and Head, Department of Statistics and Demography

- As a speaker, delivered a talk on Data Science and SDGs: Challenges, Opportunities and Realities in the Department of Statistics, University of Rajshahi, Bangladesh on 18 and 19 December 2019.

Prof. M. K. Mallick, Professor and Head, Department of Management Sciences

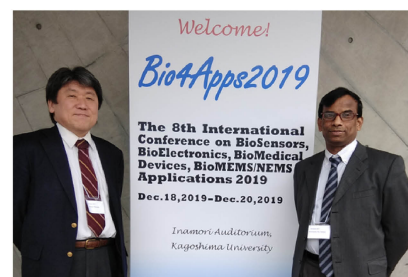
- Acted as an external examiner of National Institute of Public Health and Research, Mumbai, on 23 November 2019.

Prof. Manish Chaturvedi, Professor, Department of Planning and Evaluation

- Chaired a session in the brainstorming on Health for Regional Plan-2041, organized by NCR Planning Board, on 20 December 2019.

Dr. Ramachandra Rao Sathuluri, Reader, Reproductive Biomedicine

- Attended 13th Common Review Mission as a team member to the state of Andhra Pradesh from 16 -24 October, 2019.
- Delivered a talk on Nanoneedle Array as a Novel Separation Method for High-throughput Single-Cell Sorting and Analysis, in the 8th International Conference on BioSensors, BioElectronics, BioMedical Devices, BioMEMS/NEMS and Applications 2019 (Bio4Apps2019);



held in Kagoshima University, Kagoshima City, Japan during 18-20 December 2019. He also chaired the second session on Biosensors and Bio-devices for Microbes, Chemicals and Nucleic Acids; and examined the poster presentations on 18 and 19 December for the best poster awards.

Dr. Ankur Yadav, Assistant Professor, Department of Communication

- 3 अक्टूबर 2019 को “मध्यवर्ती भारत का जनजातीय सामाजिक-सांस्कृतिक परिप्रेक्ष्य” पर आयोजित क्षेत्रीय कार्यशाला में “मध्यप्रदेश की जनजातियों का शारीरिक वृत्तान्त” विषय पर मानव शास्त्र विभाग, डॉ. हरिसिंह गौर विश्वविद्यालय, सागर में व्याख्यान दिया।
- Delivered lectures on Communication Skills, and Etiquettes and Behaviour in the Training course of Paramedics and Nurses in Soft Skill of Hospitals and Dispensaries of ESIC, Delhi and NCR at the National Training Academy, Employees’ State Insurance Corporation, New Delhi on 10 October, 2019.
- Attended 13th Common Review Mission as a team member to the state of Nagaland from 16-23 October, 2019.
- Delivered two lectures on “Communication Skills” and “Etiquettes & Behaviour” in the Two Training courses of Doctors in “Soft Skill” of Hospitals and Dispensaries of ESIC, Delhi and NCR at National Training Academy, Employees’ State Insurance Corporation, New Delhi on 7-8 November, 2019.

Dr. Chetna Chouhan, Chief Medical Officer, RBM

- Attended Sensitization Meeting on NSV Fortnight and Review Meeting on Routine Immunization on 19 November 2019 at DPMU Office, Nangal Raya, New Delhi.

Dr. Geetanjal Singh, Senior Medical Officer, RBM

- Attended Sensitization workshop on Collaborative Approach to Implement PC & PNDT Act Better: An Initiative by District Magistrate-cum-District Appropriate Authority under PC & PNDT Act on 12 December 2019 at Disaster Management Centre, New Delhi.
- Participated in Causality Assessment Meeting for reviewing reported serious AEFI cases of 2016-2019 on 13 December 2019 at Kalawati Saran Children’s Hospital, Lady Harding Medical College, New Delhi.

Mr. Salek Chand, Senior Documentation Officer, NDC

- Attended the 8th International Conference on Library Information Professionals Summit (I-LIPS 2019) on Empowering Library with Emerging Technologies for Common Sustainable Future, held in BBAU, Lucknow, Uttar Pradesh on 2 November 2019.
- Attended the National Seminar on Bridging Educational Divides through MOOCs and OERs, held in the National Law University, Delhi on 23 November 2019.
- Attended the International Symposium on Knowledge Engineering for Digital Library Design (KEDIL 2019), held in IIT Delhi during 9-11 December 2019.
- Attended a selection committee of ICMR-National Institute of Malaria Research, New Delhi on 17 December 2019.
- Attended the National Conference on Development of Digital Libraries in IPR Regime, organized by Madhu Limaye Library, Dr. Ram Manohar Lohiya National Law University, Lucknow during 21-22 December 2019.

श्री अरविंद कुमार, सहायक निदेशक (राजभाषा)

श्री अरविंद कुमार, सहायक निदेशक (राजभाषा) ने आठवें राष्ट्रीय राजभाषा सम्मेलन में 30 अक्टूबर से 01 नवंबर 2019 की अवधि के दौरान स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार द्वारा मैसूर, कर्नाटक में आयोजित सम्मेलन में संस्थान की ओर से भाग लिया। सम्मेलन में हिन्दी टंकण, अनुवाद तकनीकी, वॉइस टाईपिंग, भारतीय भाषाओं की ध्वन्यात्मकता सहित कई महत्वपूर्ण विषयों पर गहन विचार सत्र आयोजित किए गए।

उक्त के अतिरिक्त 28 नवम्बर, 2019 को श्री अरविंद कुमार, सहायक निदेशक (राजभाषा) ने भारतीय जन संचार संस्थान, नई दिल्ली में नगर राजभाषा कार्यान्वयन समिति की बैठक में भाग लिया। बैठक में 30 जून तथा 30 सितंबर 2019 की छमाही प्रगति रिपोर्टों की समीक्षा की गई तथा सदस्य कार्यालयों से उनकी राजभाषा संबंधी उपलब्धियों के बारे में चर्चा की गई।

Mrs. Vaishali Jaiswal, Assistant Research Officer, Department of Epidemiology

- Presented a paper titled Workplace Health Promotion in Occupational Setting at the 18th Annual Greentech OHS & Disaster Management Conference on 7-8 December at Le-meridian, New Delhi, organized by Genentech Foundation.

Dr. Giriraj Halkar, Senior Technical Assistant, NDC

- On the occasion of National Library Week celebration, he received the prestigious Best Librarian Award-2019 from the Department of Public Library, Government of Karnataka on 18 November 2019 in Chamrajanagar District, Karnataka.

Mid-term PAC Meeting

Being the Member-Secretary of the Programme Advisory Committee (PAC), Prof. Harshad P. Thakur, Director, convened the mid-term PAC meeting on 25 November 2019. Prof. Saudan Singh, Chaired the meeting. The PAC assessed the current status of the on-going training and research activities of the Institute. The PAC also reviewed all the completed studies. Faculty members, Medical Officers and Research Officers attended the meeting. Among other members, Dr. Balram Bhargava; Dr. Sanjay Tyagi; Mr. Alok Kumar, IAS; Dr. K.S. James; Dr. Jayanti S. Ravi; Dr. Jose d sa; Dr. (Mrs.) Manju Sharma; Dr. K. Rajo Singh; Prof. Bharat Bhasker; Prof. Neera Dhar and Prof. Rajni Bagga attended the PAC. Mr. Sudhansh Pant, IAS, and Dr. Ashutosh Halder attended the Meeting as the Special Invitee and Co-opted Member respectively.



Public Health Systems Capacity Building in India (PHSCBI) Project

Public Health Systems Capacity Building in India (PHSCBI) project has completed five years. During the period October–December 2019, it conducted the Workshop-I of the Frontline Epidemiology training programme in Patna, Bihar, during 16-19 December 2019. 11 mentors and 33 participants participated in this workshop.

Book Exhibition

A book Exhibition was organized during 14-15 October 2019. Many renowned booksellers and publishers took part in the exhibition. Prof. Harshad Thakur, Director, NIHFWS, inaugurated the exhibition. Faculty, Research staff and students visited the exhibition, and recommended important books for procurement.

Visitors to the Institute

During the quarter under report, nursing students and staff from the following Nursing Colleges visited NIHFWS:

- DY Patil College of Nursing, Nerul, Navi Mumbai; and
- Laxmi Memorial College of Nursing, Mangalore.

Training/Workshops Organized

1. Training Course on IT Application for Information Management in Health Science Libraries

14-18 October 2019: Mr. Salek Chand was the course coordinator. Nineteen participants working in various health science libraries in India attended the course.

2. Training of Trainers under National Tobacco Control Programme

Objective: To sensitize and enhance the knowledge and skills of Programme staff and other Master Trainers under the National Tobacco Control Programme of the Government of India.

15–19 October 2019: 32 trainers from Arunachal Pradesh, Assam, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura, Andaman & Nicobar were trained.

25–29 November 2019: 24 from Chandigarh, Dadra & Nagar Haveli, Daman & Diu, Goa, Haryana, Lakshadweep, Puducherry, Telangana, Uttarakhand, Bihar, and Manipur were trained.

Prof. Poonam Khattar was the course coordinator.



Mr. Devesh Deval, Director, Tobacco Control Division, MoHFW, addressing the Master Trainers in the 6th ToT



Prof. Harshad P. Thakur, Director, NIHFW, with the participants and resource Persons of the 5th Training of Master Trainers under NTCP

3. Training Course on Monitoring and Evaluation under NHM

4–8 November 2019: Participants from different states attended the course. Prof. V .K. Tiwari was the course coordinator.

4. Training on Capacity Building of IEC Officers in Communication Skills under National Health Mission

Objective: To enable the participants to develop their ‘Communication skills’ as well as to improve their knowledge about ‘National Health Mission (NHM)’ for its effective implementation in their respective states.

18–22 November 2019: Participants from different states attended the course, Dr. Ankur Yadav was the course coordinator.

5. Capacity Building of District Level Officers/Staff under National Tobacco Control Programme (NTCP) for the State of Assam

Objective: To sensitize and enhance the knowledge and skills of programme staff under the National Tobacco Control Programme in Assam, India.

10–12 December 2019: In collaboration with the World Health Organisation, India Country Office; State Institute of Health and Family Welfare, Assam; and State Tobacco Control Cell, Assam; NIHFW conducted this course for 35 District-level officers.

Prof. Poonam Khattar was the course coordinator.

6. Sensitization Workshops for the Members of Internal Complaints Committee and Administrative Staff of NIHFW (4 October 2019 and 8 November 2019)

Objectives: To enhance the capacity of members of the Internal Complaints Committee and the administrative staff of NIHFW in dealing with Sexual Harassment of Women at Workplace as per the Section 24 of Chapter 7 of the Act.

4 October 2019: The workshop was attended by the members of Internal Complaints Committee, Faculty

and all the administrative Staff of NIHFV. Prof. L. R. Aggarwal facilitated the workshop. Prof. Poonam Khattar was the workshop coordinator.

8 November 2019: The workshop was organized for all the staff of the Institute. Ms. Mayuri Raghuvanshi, Advocate, Supreme Court of India, was the resource person in the workshop.

Publications

- S. Ramachandra Rao. Plagiarism and the Practices to avoid it, Health and Population: Perspectives and Issues, Vol. 41(1&2), 1-4, 2018 (published in November 2019).
- Giriraj Halkar. Information Literacy (IL): Essential Skills for the 21 st Century. Indian Journal of Library and Information Science, 2019, 13(3): 163–167.
- M. Mahapatro and S.P. Singh. Coping Strategies of Women Survivors of Domestic Violence Residing with an Abusive Partner after Registered Complaint with the Family Counseling Centre at Alwar, India. J Community Psychol. 2019; 48 (9):1–16.

Cleanliness Drive



A ‘cleanliness drive’ was carried out in the NIHFV during 1 October – 30 December 2019. In this exercise, records were sorted out and old records were weeded out. With the recycling of materials from debris, a cemented platform has been constructed on the lawn behind the Academic Block. The platform will be used for various activities on different occasions. This permanent structure will also save the money which was being spent in the erection of temporary stages.

Vigilance Awareness Week

Vigilance Awareness Week was observed in the Institute during 28 October-2 November 2019. The theme of this year was “Integrity– A Way of Life.” On the occasion, Prof. Harshad P. Thakur, Director, NIHFV, took the integrity pledge and administered the same to the public servants on 28 October. He requested everybody for adhering to integrity and transparency in official functioning; and to eradicate corruption from all spheres of life. Various competitions such as Slogan writing, Quiz, Essay, Male Walkathon and Female Walkathon were organized on the occasion. The winning slogans by Mr. Prem Pal, Mr. Vikas, Mr. S.P.K. Varma, Mr. Manoj Meshram and Mr. L. Haokip were displayed at various locations of the Institute. Mr. Anil Kumar, Dr. Varsha Nambudari, Dr. Anil Kumar Gupta, Ms. Monika and Mr. Anand Mohan were declared as the winners of the Essay Competition. In the Written Quiz Competition, Dr. Anil Kumar Gupta, Mr. Dharmendra, Mr. Vinay Kumar, Dr. M. Alam Khan and Mr. Anand Mohan were adjudged as the winners. On 1 November 2019, Prof. Thakur gave away prizes to the winners of the competitions.



सतर्कता जागरूकता सप्ताह के दौरान निदेशक संस्थान के कर्मचारियों को संबोधित करते हुए।

राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान में बाल दिवस के अवसर पर कार्यशाला एवं व्याख्यान का आयोजन।

राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान, नई दिल्ली में 14 नवंबर, 2019 को बाल दिवस के अवसर पर “एक उज्ज्वल भविष्य के लिए बच्चे की जीवन-यात्रा के प्रथम एक हजार दिन” विषय पर एक कार्यशाला एवं व्याख्यान का आयोजन किया गया। कार्यशाला के संसाधक (Resource Person) भारत सरकार के राष्ट्रीय बाल स्वास्थ्य कार्यक्रम के राष्ट्रीय सलाहकार डॉ. अरुण कुमार सिंह थे। उन्होंने बताया कि बच्चे के जीवन के शुरुआती एक हजार दिन बच्चे के सफल निर्माण के लिए एक अनूठा अवसर है क्योंकि यह अवधि है जिसमें तीव्र गति से बच्चे का शारीरिक एवं मानसिक विकास होता है। डॉ. अरुण ने बताया कि शुरुआती एक हजार दिनों में, माता-पिता जो भी करते हैं उसका बच्चों के मानसिक और भौतिक विकास में गहरा प्रभाव पड़ता है।

उल्लेखनीय है कि राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान ने बच्चों के सर्वांगीण विकास को ध्यान में रखते हुए नेशनल कोलेबरेटिंग सेंटर विकसित किए जाने की आवश्यकता महसूस की है एवं संस्थान इस सेंटर को विकसित करने की प्रक्रिया प्रारंभ करने हेतु प्रयासरत है।

कार्यशाला का उद्घाटन एवं अध्यक्षता संस्थान के प्रभारी निदेशक प्रोफेसर तुलसीदास गौरीशंकर श्रीवास्तव ने की। संस्थान के उप निदेशक (प्रशासन) श्री अनिल कुमार ने चर्चा की शुरुआत करते हुए अपने संबोधन में कहा कि बच्चे के जीवन के प्रथम एक हजार दिन उसके पोषण, प्रोत्साहन व प्यार (पीपीपी) के होते हैं। उन्होंने कहा कि बच्चों की नींव बहुत मजबूत आधारशिला पर टिकी होनी चाहिए।

अपने स्वागत संबोधन में संस्थान के प्रभारी निदेशक प्रोफेसर तुलसीदास गौरीशंकर श्रीवास्तव ने सभी का स्वागत करते हुए कहा कि समाज का कर्तव्य है कि वे बच्चों पर विशेष ध्यान दें और उन्हें भौतिक और मानसिक रूप से मजबूत बनाने के लिए समुचित वातावरण प्रदान करें।

कार्यक्रम की रूपरेखा व महत्व के बारे में डीन प्रोफेसर वी. के. तिवारी ने प्रकाश डाला। डॉ. नंदिनी सुब्बइया ने धन्यवाद ज्ञापित किया। उप निदेशक (प्रशासन) श्री अनिल कुमार ने कार्यक्रम का सफल संचालन किया।

दिल्ली एनएसीआर में हैल्थ इमरजेंसी पर सभा/मास्क वितरण का आयोजन

राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान, नई दिल्ली में 8 नवंबर, 2019 को दिल्ली-एनसीआर में हैल्थ इमरजेंसी पर विचार करने के लिए एक सभा का आयोजन किया गया। इस अवसर पर संस्थान के निदेशक प्रोफेसर हर्षद ठाकुर ने संस्थान के सभी अधिकारियों एवं कर्मचारियों को संबोधित करते हुए दिल्ली एनसीआर की हवा में बढ़ते प्रदूषण स्तर पर चिंता व्यक्त की। इस अवसर पर संस्थान के निदेशक प्रोफेसर हर्षद ठाकुर ने संस्थान के सभी अधिकारियों एवं कर्मचारियों को एन-99 मानक वाले मास्क भी वितरित किए। उन्होंने सभी से अपील की कि वे वातावरण को प्रदूषणमुक्त बनाए रखने के लिए अपना पूरा सहयोग प्रदान करें। संस्थान के उप-निदेशक (प्रशासन) ने भी सभा को संबोधित करते हुए सभी से इस हैल्थ इमरजेंसी से निपटने के लिए सचेत और जागरूक रहने की बात कही। साथ ही यह सुझाव दिया कि सभी मास्क का उपयोग अवश्य करें ताकि वायु प्रदूषण से होने वाले दुष्प्रभावों से बचाव किया जा सके। इस अवसर पर राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान, नई दिल्ली द्वारा स्वास्थ्य आपातकाल पर जानकारी प्रदान करने हेतु एक ब्रोशर भी जन स्वास्थ्य के हित में जारी किया गया।

Fitness Path

Today, everybody's life has become hectic. Hence, in September 2019, Shri Narendra Modi, Hon'ble Prime Minister, propounded the 'Fit India Movement.' Keeping in line with the theme, a 'Fitness Path' has been constructed near the International Hostel for the staff and visitors. The Fitness Path is surrounded by complete greenery that offers soulful freshness.



Recruitment

Thirteen Lower Division Clerks (LDCs) joined NIHFW as given below:

- | | | | |
|---------------------|--------------------|-----------------------|--------------------|
| • Mr. Kartik Rana | (29 October 2019) | • Mr. Prateek Sharma | (29 October 2019) |
| • Mr. Satish | (29 October 2019) | • Mr. Manish Manral | (29 October 2019) |
| • Mr. Sourav Kumar | (29 October 2019) | • Mr. Pankaj Ahlawat | (29 October 2019) |
| • Mr. Rahul Kumar | (29 October 2019) | • Mr. Sumit | (30 October 2019) |
| • Mr. Rohit | (30 October 2019) | • Mr. Tijender Sharma | (30 October 2019) |
| • Mr. Puneet Devgan | (30 October 2019) | • Mr. Mohit Kharb | (11 November 2019) |
| • Ms. Kavita | (23 December 2019) | | |

Retirement



Shri H.K. Uppal,
Technical Officer (Reprography),
31 October 2019.



Sh. Shiv Charan,
MTS,
31 October 2019.

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