



आरोग्यम् सुखसम्पदा

Newsletter *Quarterly*

Vol. XX, No. 1, January-March, 2018

The National Institute of Health and Family Welfare

From the Desk of The Director



It is my privilege to present before you some of the key activities of the Institute. During this quarter, the Institute was engaged in a number of training activities in the areas of Social and Behaviour Change Communication, Occupational and Environmental Health, Hospital Administration, Developing Evaluation Research Proposal for Health Programmes etc. Among short-term skill based training programmes, the training programme for the 'First Responders' in particular was very well received by the trainees. The Institute conducted interactive sessions with the nursing and post-graduate students from various nursing and medical colleges who visited this Institute.

The official visit of Director-General, WHO, Dr. Tedros Adhanom Ghebreyesus on 12th March, 2018 was yet another milestone for the NIHF. Other eminent dignitaries present during the visit were Dr. Soumya Swaminathan, DDG-Programmes, WHO; Dr. Poonam Khetrapal Singh, WHO Regional Director for South-East Asia; Dr. Senait Fisseha, Chief Senior Advisor to DG and Dr. Henk Bekedam, WHO Representative to India. Senior Officers from the MoHFW who graced the occasion were Shri Manoj Jhalani, Additional Secretary and Mission Director, Ms. Vandana Gurnani, Joint Secretary (RCH), Dr. Pradeep Haldar, Deputy Commissioner, Immunization; and Dr. M. K. Aggarwal, Deputy Commissioner, UIP. Dr. Tedros appreciated the good work being done by the Government of India with respect to various aspects of National Immunization Programme and the role played by the NIHF for providing technical support and capacity building of health workforce.



Prof. Jayanta K. Das, giving memento to Dr. Tedros, DG-WHO during NIHF visit.

On the 9th of March, 2018, we celebrated our 41st Annual Day with gracious presence of Shri Ashwini Kumar Choubey, Hon'ble Minister of State for Health and Family Welfare (MoHFW), and Dr. N. S. Dharmshaktu, Principal Advisor, Public Health, MoHFW, Government of India.



Hon'ble Shri Ashwini Kumar Choubey and Dr. N. S. Dharmshaktu

Our Institute encourages participation of all employees in sports and games to develop healthy mind and body. This quarter was special, as it witnessed the healthy and competitive spirit of the employees on the Sports Day which was held on 6th March, 2018.

As organization of trainings is one of our main forte, the Annual Training Calendar for the year 2018-19 has been prepared and the same is available at our website. Keeping the mission of the NIHF in focus, the faculty and staff stand committed to add value to manifold health initiatives in the country. This newsletter presents a glimpse of some of these activities.

Prof. Jayanta K. Das
Director



Shri Ashwani Kumar Choubey, Dr. Dharmshaktu and Prof. Jayanta K. Das during Institute's Annual Day

The National Institute of Health and Family Welfare Celebrated its 41st Annual Day

The National Institute of Health and Family Welfare celebrated its 41st Annual Day on 09th March 2018. On this occasion, Shri Ashwani Kumar Choubey, Hon'ble Minister of State for Health and Family Welfare (MoHFW), Government of India graced the occasion as Chief Guest. Dr. N.S. Dharmshaktu, Principal Advisor, Public Health, MoHFW, Government of India was present as a special guest. On this occasion, Professor Jayanta K. Das, Director, NIHFV presented the Annual Report of the Institute and mentioned key activities and achievements.

Professor Jayanta K. Das, shared his vision of establishing the Institute as a Public Health University so that the needs and challenges of the nation can be successfully met. Shri Ashwini Kumar Choubey, Hon'ble Minister of State for Health and Family Welfare, Government of India, stated that India believes in the motto 'Sarve Bhavantu Sukhinah, Sarve Santu Niramaya,' which means 'Be Happy, All Healthy'. In the context of Ayushman Bharat, he encouraged all to practice Yoga. Dr. Dharmshaktu appreciated the work being done by the Institute.

On this occasion, the Institute honored the meritorious students pursuing various courses. The best sports person and employees of the Institute were also honored. Hindi Journal 'Jan Swasthya Dhaarna' was released by the dignitaries.

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Shri Ashwini Kumar Choubey presenting medals and certificates to meritorious students



Dr. Dharmshaktu presenting certificates to best workers of the Institute



Dr. Dharmshaktu presenting certificates to best workers and best sport persons of the Institute

Visit of Director General of World Health Organization

Dr. Tedros Adhanom Ghebreyesus, Director General of World Health Organization, visited the Institute with a delegation on 12th March, 2018. Professor Jayanta K. Das, Director, explained about the activities of the Institute. The team during their visit to National Cold Chain and Vaccine Management Resource Centre (NCCVMRC) appreciated the activities related to vaccine management and immunization in the country. In particular, the DG-WHO expressed, "This Centre will also be an ideal for other countries. The World Health Organization will work for such type of work practices. I would like to share this with other countries interested in same field."



Dr. Tedros Adhanom Ghebreyesus, DG, WHO and Prof. Jayanta K. Das during their visit to the NIHF

The team also visited the skill lab 'Daksh' and were inspired by the training activities conducted to hone the skills for ante-natal care. While visiting the Mother Child Tracking System Helpdesk, DG-WHO listened to a conversation between a call Centre agent and a pregnant woman and was very impressed by the services provided.

वार्षिक खेल दिवस- 2018

प्रतिवर्ष की भांति संस्थान का वार्षिक खेल दिवस 06 मार्च 2018 को आयोजित किया गया। वार्षिक खेल गतिविधियों के अंतर्गत विभिन्न आऊटडोर एवं इनडोर प्रतियोगिताएं आयोजित कराई गई थीं, जिसमें संस्थान के कर्मचारियों ने बढ़-चढ़कर अपनी खेल प्रतिभा का प्रदर्शन किया। उपरोक्त खेलों में से कुछ खेल, खेल-दिवस से पहले ही आयोजित करा लिए गए थे और कुछ खेल कार्यक्रम के दिन ही मैदान में आयोजित किए गए। कार्यक्रम की अध्यक्षता निदेशक प्रोफेसर जयंत दास द्वारा की गई। मुख्य अतिथि के रूप में श्रीमती रूपा दास उपस्थित थीं। कार्यक्रम का आयोजन डॉ. अंकुर यादव की अध्यक्षता में गठित एक समिति द्वारा किया गया एवं श्री प्रेम पाल ने कार्यक्रम का सफल संचालन किया।



मुख्य अतिथि श्रीमती रूपा दास, निदेशक प्रोफेसर जयंत दास, डीन प्रोफेसर संजय गुप्ता तथा अन्य प्रतियोगी वार्षिक खेल दिवस के दौरान खेलों का लुत्फ लेते हुए।



नववर्ष दिवस

1 जनवरी 2018 को नववर्ष के अवसर पर संस्थान के उपस्थित संकाय सदस्य एवं कर्मचारी प्रशासनिक खण्ड के सामने प्रांगण में एकत्रित हुए। सभी ने खुशनुमा माहौल में हाथ मिलाकर एक दूसरे को नववर्ष की शुभकामनाएं दीं। संस्थान के निदेशक प्रोफेसर जयंत दास ने अपनी ओर से बधाई देते हुए सभी की सुख, समृद्धि एवं स्वास्थ्य की कामना की।



गणतंत्र दिवस समारोह के दौरान निदेशक प्रोफेसर जयंत दास तथा बच्चों द्वारा राष्ट्रगान की प्रस्तुति।

गणतंत्र दिवस समारोह

26 जनवरी 2018 को संस्थान के प्रशासनिक खण्ड के सामने गणतंत्र दिवस समारोह मनाया गया। संस्थान के निदेशक प्रोफेसर जयंत दास ने राष्ट्रीय ध्वज फहराया। इस अवसर पर संस्थान के सभी सदस्यों द्वारा राष्ट्रगान गाया गया। निदेशक प्रोफेसर जयंत दास ने संस्थान के सदस्यों को गणतंत्र दिवस की शुभकामनाएं देते हुए कहा कि हमें देश के प्रति अपने सभी उत्तरदायित्व निभाने चाहिए।

राजभाषा कार्यान्वयन समिति की बैठक

19 फरवरी, 2018 को 'राजभाषा कार्यान्वयन समिति' की बैठक आयोजित की गई, जिसकी अध्यक्षता निदेशक महोदय प्रोफेसर जयंत दास ने की। बैठक में प्रतिवेदित अवधि की समाप्त तिमाही की अवधि में संस्थान के सरकारी कामकाज में हिंदी के प्रयोग संबंधी प्रगति की समीक्षा की गई। समिति द्वारा हिंदी पत्राचार की प्रतिशतता में वृद्धि के प्रयासों की सराहना की गयी।

Training Courses/Workshops Organized

S. No.	Title of Course	Name of Coordinator	Duration
A. Intramural			
1.	DAKSH Skills Lab Training for MO, Nursing Staff, ANM	Dr. Nanthini Subbiah	8 th -13 th Jan 2018 29 th Jan-3 rd Feb 2018 19 th -24 th Feb 2018 12 th -17 th Mar 2018
2.	Training Course on “Social and Behaviour Change Communication (SBCC) for IEC Officials under NHM”	Prof. M .K. Mallick Dr. Ankur Yadav	15 th -19 th Jan 2018
3.	Training Course on “Demographic Data Analysis for Health Personnel”	Prof. Pushpanjali Swain	29 th Jan – 2 nd Feb 2018
4.	Training Course on “Occupational and Environmental Health”	Prof. Sanjay Gupta	5 th -9 th Feb 2018
5.	Training Course on “Hospital Administration for Senior Hospital Administrators”	Prof. Manish Chaturvedi	5 th – 23 rd Feb 2018
6.	Training-Cum-Workshop on Designing and Developing Evaluation Research Proposal for Health Programmes/Schemes under NHM	Prof. V.K. Tiwari	12 th -16 th Feb 2018
7.	Short Term Skill-based Training Programme on “First Responder”	Prof. J. K. Das Dr. Nanthini Subbiah Dr. Geetanjaly Singh	16 th -18 th Feb 2018
8.	Training of Cold Chain Technicians for Repair and Maintenance of ILR-DF&VS	Prof. Sanjay Gupta	21 st -28 th Feb 2018
9.	Training Course on “Hospital Administration for Senior Medical Officers of Border Security Force”	Prof. Manish Chaturvedi	19 th -23 rd Mar 2018
10.	Training of “Cold Chain Technicians on Repair and Maintenance of WIC – WIF”	Prof. Sanjay Gupta Dr. J.P. Shivdasani	19 th -23 rd Mar 2018
B. Extramural			
1.	Training Course on “Health Communication and Behaviour Change for IEC Officials under NHM” at Shillong, Meghalaya	Prof. M .K. Mallick Dr. Ankur Yadav	12 th -16 th Mar 2018

Total number of participants trained = 449

Forthcoming Training Courses

S. No.	Title of Course	Name of Coordinator	Duration
A. Intramural			
1.	Training on Vaccine and Cold Chain Management (T-VaCC)	Prof. Sanjay Gupta	23 rd -27 th April 2018 (National) 25 th -29 th June 2018 (International)
2.	National Consultation on Palliative Care Initiatives under National Health Mission (Review-cum-capacity building)	Prof. Sanjay Gupta	17 th -18 th May 2018
3.	Induction Training Programme for CHS Doctors	Prof. J. K. Das	11 th June-21 st July 2018
4.	Training for Cold Chain Technicians in Repair and Maintenance of ILR, DF and Voltage Stabilizer	Prof. Sanjay Gupta	13 th -21 st June 2018
B. Extramural			
1.	Training for Cold Chain Technicians in Repair and Maintenance of Walk-In-Coolers (WICS) and Walk-In-Freezers (WIFS) at NCCRC, Pune	Prof. Sanjay Gupta	1) 16 th -21 st Apr 2018 2) 14 th -19 th May 2018
2.	Training for Cold Chain Technicians in Repair and Maintenance of ILR, DF and Voltage Stabilizer at NCCRC, Pune	Prof. Sanjay Gupta	27 th June- 5 th July 2018

Centre for Health Informatics of National Health Portal (NHP)

- The Centre for Health Informatics (CHI) has developed “Nutri-App” in collaboration with Indian Dietetic Association, “JSK Mobile App” as per inputs provided by Jansankhya Sthirata Kosh. They have also developed a “Swasth Bharat Mobile App”, under the guidance of MoHFW. Swasth Bharat Mobile App is a unified app in which all the mobile apps developed by the CHI are put under one umbrella.
- Information relating to the diseases of Intra-uterine growth restriction, Gaming disorder, Fibromyalgia, Congenital Capillary Haemangioma of Eyelid, Acquired Capillary Haemangioma of Eyelid, Cavernous Haemangioma of Eyelid and First-Aid module on Snake bite were added in the NHP.
- Added ten health days in the Health Wellness Calendar of the portal namely: World Leprosy Day, World Cancer Day, International Day of Zero Tolerance to Female Genital Mutilation, National Deworming Day, Sexual and Reproductive Health Awareness Day, International Women's Day, World Kidney Day, World Down Syndrome Day, World Water Day and World Tuberculosis Day.
- Organised extensive multimedia digital campaign for four weeks during the month of February-March, 2018. This campaign was specially organised for promotion of health care/health literacy and for generating awareness of the people across the country.

National Health Mission/RCH

- An annual review meeting of Directors/Principals of Collaborating Training Institutes (CTIs) was held on January 29, 2018 at NIHF. The issue of how to rollout the Short-Term Skill Development Courses in the States/UTs’ was discussed in the meeting.
- The RCH unit reviewed State Programme Implementation Plan 2018-19 for States/UTs. The comments and suggestions on the same have been submitted for the States of Madhya Pradesh, Delhi, West Bengal, Chhattisgarh, Himachal Pradesh and Telangana.
- Quarterly Progress Report for 3rd Quarter (October - December 2017) was prepared and submitted to MoHFW. The Training Progress Reports for 4th quarter (January- March 2018) have been received from the States/UTs and are being analyzed and compiled.
- Ten monitoring visits were conducted to monitor the quality of ongoing trainings in different States/UTs.
- In order to improve the quality of trainings, twenty-four monitoring visits were made by the consultants of SIHF/CTIs for the States/UTs and the feedback and recommendations for improvements have been shared with all concerned.

Nursing and other Visits

A total of 874 nursing students and 32 faculty from 16 Institutions visited the NIHF. A brief orientation programme was held for them regarding various activities of the Institute and other issues related to health in the country. In addition, 09 post-graduate students from 02 Institutes also visited the NIHF.

A Glance at the Institute's Activities

Director's Activities

Prof. Jayanta K. Das, Director, besides directing all the activities of NIHF; being an expert in the areas of Public Health, Health Management and Hospital Administration, was actively engaged in the following meetings, deliberations, discussions and workshops in different capacities:

- Attended the 15th Executive Committee Meeting of National Health Systems Resource Centre (NHSRC) as a member, held in MoHFW on January 9, 2018.
- As an Examiner conducted practical examination and viva-voce of the Post Graduate Diploma in Public Health Management (PGDPHM) students of Indian Institute of Public Health (IIPH), Gandhinagar, Gujarat, during January 11-12, 2018.
- Attended the Expert Review Committee meeting for case classification of AFP cases with 'inadequate and vaccine virus positive stool samples' as a member, held at WHO, New Delhi, on January 29, 2018 and February 28, 2018.
- Attended the meeting of Board of Studies of University School of Medicine and Para Medical Health Sciences as a member at Guru Gobind Singh Indraprastha University (GGSIPU) in New Delhi on January 30, 2018.
- Attended a meeting convened under the Chairmanship of Economic Advisor Sh. A. K. Jha at MoHFW to discuss possibilities of collaboration with IGNOU, Quality Council of India (QCI) and Association of Health care Providers India (AHPI) to scale up Skill Development courses in the country, on February 9, 2018.
- Addressed the participants of the Second Workshop of Frontline Epidemiology Training Course, under Public Health Systems Capacity Building in India (CDC) Project held at Shillong, Meghalaya, during February 11-12, 2018.
- Under the study entitled "Evaluation of Public Health Care Facilities" (Tertiary Care Hospitals/ Institutions) in Kayakalp Scheme (2017-18), MoHFW, visited Shillong, Meghalaya during February 13-15, 2018 for monitoring and data collection.
- As Guest of Honour Inaugurated the National Seminar on 'Anthropology, Health and Development: Trends and Future Perspectives', organized by the Department of Anthropology, University of Delhi, on February 20, 2018
- Attended the Meeting of National Malaria Elimination Taskforce, held under the Chairpersonship of Secretary (H&FW) as a member, in MoHFW, New Delhi on February 21, 2018.
- As Chief Guest attended the 6th National Conference of Consortium against Rabies 2018 (CARCON 2018), organized by All India Institute of Medical Sciences, Patna on February 23, 2018.
- Took a Session on Quality of Health Care Delivery in Urban Health, in the National Conference on Urban Health organized by IIMR, Delhi, on February 24, 2018.
- Attended a meeting on Urban Health, under the Chairpersonship of Secretary (H&FW), in MoHFW, New Delhi, on February 28, 2018.
- Attended the Final Presentation and Valedictory Session of three months Frontline Epidemiology Training Course, under Public Health Systems Capacity Building in India (CDC) Project - at Shillong, Meghalaya, on March 19-20, 2018.
- Attended a meeting regarding continuation of Post Graduate Diploma in Public Health Management (PGDPHM) programme in MoHFW, Nirman Bhawan, New Delhi, on March 26, 2018.

Faculty/ Staff Activities

Dr. T. G. Shrivastav, Professor and Head, Department of RBM

- 28th Annual Meeting of the Indian Society for the Study of Reproduction and Fertility (ISSRF) held from February 23-25, 2018 at CSIR-Indian Institute of Chemical Technology, Hyderabad and Chaired Session-XII in the World Conference on Reproductive Health with "Emphasis on Family Planning and Assisted Reproductive Technology".

Dr. Rajni Bagga, Professor and Head, Department of Social Sciences

- Prof. Rajni Bagga made a presentation on, "Midwives, Mothers, Leaders – a gender and an organizational perspective" in two days 13th National Conference of society of Midwives, India (SOMI) from February 22-23, 2018 at Mumbai.
- Attended two Project Review Group meetings on February 6 and March 6, 2018 respectively at ICMR, New Delhi.

Dr. Poonam Khattar, Professor, Department of Education and Training

- Resource person for development of the material on Health and Physical Education for Class XI held from February 7-9, 2018 at National Council for Educational Research and Training.
- Member of Technical Advisory and Monitoring Committee (TAMC) regarding the 2nd round of Global Adult Tobacco Survey (GATS India 2) at MoHFW.
- Attended meeting of National Programme for Persons with Intellectual and Developmental Disability on February 6, 2018 at Pt. Deen Dayal Antyodaya Bhawan.
- Attended the Meeting of the sub-committee for development of training modules on Oral Health for health workers and school teachers on March 1, 2018.
- Resource person for the Session on, “Learnings for Capacity Building for Implementation of Adolescent Health” on March 23, 2018 at Park Hotel, organized by MoHFW in collaboration with Jhpiego.

Dr. Pushpanjali Swain, Professor and Head, Department of Statistics and Demography

- Attended 1st meeting of Technical Advisory Group regarding Intensified Mission Indradhanush Coverage Assessment Survey on January 22, 2018 at UNDP Office, Lodhi Estate, New Delhi.
- Attended and presented paper entitled “HIV prevalence among young woman: A situational analysis of the selected north eastern states of India” and co-chaired a session on “Pre-Exposure Prophylaxis (PrEP)” in AIDSCON-7 Conference- organized by Chandigarh State AIDS Control Society during February 16-17, 2018, Chandigarh.
- Attended training meeting for HIV estimation 2017 at National AIDS Control Organization, New Delhi on February 21, 2018.

Dr. Mihir Kumar Mallick, Professor and Head, Department of Communication

- Delivered lecture on "Communications during Disasters and Emergencies" on March 21, 2018 at National Institute of Disaster Management, New Delhi in the training Programme titled "National Programme on Challenges in Effective Communication during Disasters and its Management".

Dr. Manish Chaturvedi, Professor and Head, Department of MCHA

- Nominated as a member of health committee for National Capital Region Planning Board on February 5, 2018.
- Participated as team member for Evaluation of public health care facilities under “KAYAKALP Scheme”, MoHFW (2017-18) in Institutes of National importance like All India Institute of Medical Sciences- Jodhpur, National Institute of Mental Health and Neuro Sciences- Bengaluru, Lala Ram Sarup National Institute of Tuberculosis and Respiratory Diseases- New Delhi, Vardhman Mahavir Medical College and Safdarjung Hospital- New Delhi, from February 7-14, 2018.

Dr. Meerambika Mahapatro, Associate Professor, Department of Social Sciences

- Delivered keynote address on domestic violence, women's health and the sustainable development goals: Global target, national response and future directions at the world summit on health care and hospital management held during March 26-27, 2018 in Orlando, USA.

Publications

- Role of Mitogen Activated Protein Kinase and Maturation Promoting Factor during the Achievement of Meiotic Competency in Mammalian Oocytes. Tiwari, Meenakshi; Gupta, Anumegha; Prasad, Shilpa; Pandey, Ashutosh; Yadav, Pramod ; Sharma, Alka; Pandey, Ajai; Shrivastav, Tulsidas; Chaube, Shail. *Journal of Cellular Biochemistry* 119:123–129, 2018.
- Cyclic nucleotides and oocyte meiotic maturation. Gupta A, Tiwari M, Sharma A, Pandey AN, Yadav PK, Prasad S, Pandey AK, Shrivastav TG, Chaube SK. *Animal model: Tool for study of fertility, reproductive health and translational medicine. ISSRF News Letter.* 21: 57-60, 2018.
- Role of Phosphodiesterase 3A in Regulation of Diplotene Arrest of Mammalian Oocytes. Gupta A, Sharma A, Tiwari M, Sahu K, Pandey AN, Prasad S, Yadav PK, Shrivastav TG, Chaube SK. *J Mol Cell Biochem.* 2:1-4, 2018.

Papers Presented in Conferences

- Tulsidas G Shrivastav, Pratyusha Kar. Development of ELISA for Medoxyprogesterone Acetate. International Conference on Reproductive Physiology and Comparative Endocrinology (ICRPCE) and 36th Annual Meeting of the Society for Reproductive Biology and Comparative Endocrinology (SRBCE) held from January 20-22, 2018 at Department of Biological Sciences, BITS Pilani, K.K. Birla Goa Campus, Goa.



Award

Dr. T. G. Shrivastav, Professor and Head, Department of RBM, received prestigious Labhsetwar Award-2018 of Labhsetwar Foundation USA in the World Conference on Reproductive Health and 28th Annual Meeting of the Indian Society for the Study of Reproduction and Fertility on February 24, 2018 at CSIR-IICT, Hyderabad.

Editorial Board

Editor-in Chief:	Prof. Jayanta K. Das
Executive Editor:	Prof. Poonam Khattar
Editorial Advisor:	Prof. Sanjay Gupta
Editorial Board:	Prof. Utsuk Datta Dr. Ankur Yadav Dr. Rajesh Kumar
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Technical Support:	Mr. Dinesh Kumar Meena Mr. Surender Prasad Chaturvedi
Design & Layout:	Mr. Puran Mal Meena

Recruitment

1. Sh. Ashwani Kumar, LDC, 05.03.2018

Promotion/Upgradation

1. Ms. Pushpa Rani, Staff Nurse to Nursing Sister w.e.f. 16.1.2018

Retirements



Dr. T. Bir, Professor
31.3.2018



Sh. Duli Chand,
Wireman-cum-Mechanic,
31.03.2018

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