HRH in Universal Health Coverage (UHC): Policy and Strategies

With the unanimous adoption of a resolution in the United Nations’ General Assembly emphasizing health as an essential element of international development, global support for universal health coverage (UHC) is gathering momentum. The resolution, adopted on 12 December 2012, urges governments to move towards providing all people with access to affordable, quality health care services.

Universal coverage (UC) or universal health coverage (UHC), is defined as ensuring that all people can use the promotive, preventive, curative, rehabilitative and palliative health services they need. Moreover, these services should be of good quality and must not expose the user to financial hardship while using them.

India has also expressed its commitment towards UHC and embarked on a path to achieve it. The High Level Expert Group (HLEG) defines UHC as ‘Ensuring, equitable access for all Indian citizens, residents in any part of the country, regardless of income level, social status, gender, caste or religion to affordable, accountable, appropriate health services of assured quality (promotive, preventive, curative and rehabilitative) as well as public health services addressing the wider determinants of health delivered to individuals and to populations, with the government being the guarantor and enabler, although not necessarily the only provider of health and related services’. The report of the steering committee on health for the 12th Five-Year Plan, (Conted. on P. No. 2)

XVI Veda Prakasha Memorial Oration on Population

National Institute of Health and Family Welfare (NIHFW) organised the XVI Veda Prakasha Memorial Oration on Wednesday, the 18th November 2015 at 3.30 p.m. in the auditorium of NIHFW. Delivering the oration on “The Fading out of Neo-Malthusianism in India,” Prof. P. M. Kulkarni, former Professor of JNU, discussed the crucial issues concerning population in India. He narrated some of the important and tactical aspects of Indian population growth. Explaining the demographic transition process he talked on population momentum, population size, and so on. (Conted. on P. No. 3)

“A developed country is not a place where the poor have cars. It’s where the rich use public transportation.”
- Gustavo Francisco Petro Urrego
(Colombian Politician and Economist)
Planning Commission, February 2012, suggested that the definition of UHC proposed by the HLEG can be accepted with an amendment that all residents of the country, and not just the citizens should be entitled to these basic services. Framework for Implementation National Health Mission, in its Vision of the NHM, defines UHC as ‘Attainment of universal access to equitable, affordable and quality health care services, accountable and responsive to people’s needs, with effective inter-sectoral convergent action to address the wider social determinants of health’.

At present, there is no exclusive or comprehensive policy on Human Resource in Health (HRH) at the national level although the National Health Policy document of 2002 refers to HRH. The DoPT has brought out the generic training policy for the employees of the Government Departments in 2012. Within the health sector, NRHM developed training strategies for training under RCH-II in 2008. MCI has issued guidelines for CMEs for medical college faculty. Some state councils have issued guidelines for compulsory CME as a precondition for re-registration. States, over a period of several years, have evolved and followed service rules and regulations. Strategies developed so far, did not effect the health system due to various implementation challenges.

Formal and comprehensive framework of policy for HRH is required at the national level, from which states can adapt/adopt as per their context and needs. The scope of the policy should include all the aspects of HRH for UHC, specifying the numbers, skills, competencies, roles, responsibilities, cadre development and management, Human resource development mechanisms, both in the public and private sectors. A national stakeholder forum should be established, as a part of the UHC implementation mechanism, to help develop strategies to implement the HRH policy. Similar forum at the state level is also recommended. There is a need to revisit the National Health Policy-2002 and insert the framework need for HRH in the changed circumstances visualizing the needs for at least the next two decades.

Definitions of HRH given by different agencies cover wide range of manpower, dealing with promotion, protection or improvement of population health; which include care providers, managers, researchers, technicians, etc. both in public and private sectors. There are some important aspects which could help in the better understanding and operationalization of the UHC concept in India. The minimal/optimal package of promotive, preventive, curative and rehabilitative as well as public health services for the Universal Health Coverage at the earmarked government and private health institutions at the primary, secondary and tertiary levels should be identified; and the minimal/optimal infrastructure of these health facilities to provide the required health care services must be defined. In the Indian context, the categories/types of the HRH at all the three levels of health institutions both in the government and private sectors should be clearly defined for providing all the identified services.

Similarly, the job functions, standard treatment/operating protocols, for each of the HRH all levels of health facilities should be clearly defined based on expected workloads. The roles for the public and private sectors at each of these three levels should also be decided. Opportunity of pilot implementation of states should be utilized to develop and field-test the required number and skills of HRH services. Since the NHM document emphasizes on "...effective inter-sectoral convergent action to address the wider social determinants of health," these sectors should be identified; and their roles, responsibilities, contributions, coordinating and monitoring mechanism should also be defined. The WHO expert committee calculates the HRH density based on doctors, nurses, and midwives per a population of 10,000. The studies have related this to IMR and below 5 year mortality rates, etc. In the Indian setting, AYUSH doctors, ASHAs, AWWs, TBAs, Block, district, state programme managers as the cadre created under the NRHM, play an important role who should also be considered while calculating the HRH density in future.

(Director thanks Prof. A. K. Sood, Head of the Department of Education and Training, for writing this piece.)
Col. (Dr.) P. K. Dutta (Retd.) Chairman, Programme Advisory Commitee (PAC), chaired the oration. Presiding over the oration, Prof. Jayanta K. Das, Director, NIHFW, informed the house that NIHFW has been doing its best in dealing with the population and family welfare issues through its inter-disciplinary research studies, training programmes, consultancy and advisory services.

Papers Published/Presented


- Prof. V.K. Tiwari presented a paper- Does Knowledge and Awareness about Sexual and Reproductive Health Influences Sex Behaviour among School Going Adolescents? Myths and Realities, in the 13th Annual Conference of the Indian Association for Social Sciences and Health (IASSH), at University of Kerala, Thiruvananthapuram, during 10-12 December 2015.

- Dr. Bishnu Charan Patro’s paper- Role of Communication in Reproductive and Child Health (RCH) Programme was accepted for presentation in the 13th Annual Conference of Indian Association for Health and Social Sciences (IASSH), held at University of Kerala, Thiruvananthapuram, during 10-12 December 2015.
<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Dates</th>
<th>Title</th>
<th>Coordinator/s</th>
<th>No. of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>5-9 Oct. 2015</td>
<td>Training Course on Monitoring under NHM</td>
<td>Prof. V.K. Tiwari</td>
<td>21</td>
</tr>
<tr>
<td>2.</td>
<td>12-17 Oct. and 16-21 Nov. 2015</td>
<td>Training of Cold-Chain Technicians for Repair and Maintenance of ILR/DF</td>
<td>Dr. Sanjay Gupta</td>
<td>20, 19</td>
</tr>
<tr>
<td>3.</td>
<td>12-16 Oct. 2015</td>
<td>Training Course on IT Application for Information Management in Medical Libraries</td>
<td>Mr. Salek Chand</td>
<td>29</td>
</tr>
<tr>
<td>4.</td>
<td>12-16 Oct. 2015</td>
<td>First Round Contact Programme of Diploma in Applied Epidemiology</td>
<td>Dr. Sanjay Gupta, Dr. Renu Shahrawat</td>
<td>24</td>
</tr>
<tr>
<td>5.</td>
<td>26-30 Oct. 2015</td>
<td>Training Course on Mainstreaming Gender in Health, Gender-Based Violence and Human Rights for Health Professionals</td>
<td>Dr. Poonam Khattar, Dr. Meerambika Mahapatra</td>
<td>18</td>
</tr>
<tr>
<td>6.</td>
<td>2-6 Nov. 2015 and 17-21 Nov. 2015</td>
<td>First Round Contact Programme of Diploma in Health Management through Distance Learning (at NIHFW)</td>
<td>Prof. A.K. Sood</td>
<td>79, 40</td>
</tr>
<tr>
<td>7.</td>
<td>2-7 Nov. 2015</td>
<td>Training for Cold Chain Technicians on Repair and Maintenance of ILR/DF</td>
<td>Dr. Sanjay Gupta</td>
<td>21</td>
</tr>
<tr>
<td>8.</td>
<td>3-27 Nov. 2015</td>
<td>Training on North East EVM (Training conducted in Guwahati)</td>
<td>Dr. Sanjay Gupta</td>
<td>45</td>
</tr>
<tr>
<td>9.</td>
<td>16-18 Nov. 2015</td>
<td>Training Course on Social and Behaviour Change Communication (SBCC) for IEC officials of Delhi, Himachal Pradesh and Chhattisgarh States under NHM</td>
<td>Prof. Neera Dhar</td>
<td>17</td>
</tr>
<tr>
<td>10.</td>
<td>16-20 Nov. 2015</td>
<td>Training Course for NGOs Working with Health Sector on NHM in India</td>
<td>Prof. T. Bir</td>
<td>13</td>
</tr>
<tr>
<td>11.</td>
<td>16-20 Nov. 2015</td>
<td>Training Course on Leadership Development in Health Sector</td>
<td>Prof. Rajni Bagga</td>
<td>25</td>
</tr>
<tr>
<td>12.</td>
<td>30 Nov.-4 Dec. 2015 and 17-21 Nov. 2015</td>
<td>First Round Contact Programme of Diploma in Health and Family Welfare Management through Distance Learning (at NIHFW)</td>
<td>Prof. P. Swain, Dr. Jai Kishun</td>
<td>27, 34</td>
</tr>
<tr>
<td>13.</td>
<td>26 Nov. 2015</td>
<td>Meeting to Develop a Training Manual for Management of Mental Disorders by Social Workers under National Mental Health Programme (NMHP, WHO funded)</td>
<td>Dr. Sanjay Gupta</td>
<td>10</td>
</tr>
<tr>
<td>14.</td>
<td>30 Nov. 2015</td>
<td>Steering Committee Meeting of Policy Unit (2015-'16)</td>
<td>Prof. V.K. Tiwari</td>
<td>11</td>
</tr>
<tr>
<td>15.</td>
<td>30 Nov. 2015</td>
<td>Workshop on Sharing of Desk-review Findings on Training Needs Assessment (TNA) and Training Load under the Public Health Capacity Building in India Project</td>
<td>Dr. B.S. Dewan</td>
<td>32</td>
</tr>
<tr>
<td>16.</td>
<td>1 Dec. 2015</td>
<td>Meeting to Develop a Training Manual for Management of Mental Disorders by Social Workers under National Mental Health Programme (NMHP) (WHO funded)</td>
<td>Dr. Sanjay Gupta</td>
<td>10</td>
</tr>
</tbody>
</table>
## Forthcoming Training Courses

<table>
<thead>
<tr>
<th>S.No.</th>
<th>Course Title</th>
<th>Co-ordinator(s)</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Training Course on Demographic Data Analysis for Health Personnel</td>
<td>Dr. Pushpanjali Swain</td>
<td>4 – 8 January 2016</td>
</tr>
<tr>
<td>2.</td>
<td>Training on Operation of Walk in Cooler/Walk in Freeze.</td>
<td>Dr. Sanjay Gupta</td>
<td>4 – 9 January 2016</td>
</tr>
<tr>
<td>3.</td>
<td>Training Course on Nursing Administration and Management for Senior Level Nursing Professionals.</td>
<td>Dr. Nanthini Subbiah</td>
<td>11 – 16 January 2016</td>
</tr>
<tr>
<td>6.</td>
<td>Training of Cold Chain Technicians in Repair and Maintenance of Ice Lined Refrigerator and Deep Freezer.</td>
<td>Dr. Sanjay Gupta</td>
<td>18 – 23 January 2016</td>
</tr>
<tr>
<td>8.</td>
<td>Training Course on Health Care Management of Elderly.</td>
<td>Prof. T. Bir</td>
<td>1 – 5 February 2016</td>
</tr>
<tr>
<td>9.</td>
<td>Training Course on Occupational and Environmental Health for Medical Officers.</td>
<td>Dr. Sanjay Gupta</td>
<td>8 - 12 February 2016</td>
</tr>
<tr>
<td>10.</td>
<td>Training Course on Scientific Writing.</td>
<td>Prof. S. V. Adhish</td>
<td>22 – 26 February 2016</td>
</tr>
</tbody>
</table>
Activities of the Director

Training courses, workshops, meetings, etc. were organized in the Institute under the overall direction and supervision of Prof. Jayanta K. Das. Being an expert in the field of public health, he also took part in the following meetings/discussions/workshops during the quarter:

- As the Chairman, attended the Convocation ceremony, and presented certificates to the students of Distance Learning Courses of Hospital Management, Health and Family Welfare Management and Health Promotion; at SIHFW, Bangaluru, on 1 October 2015.

- Gave a presentation in connection with the outbreak of Dengue in the country, before the Parliamentary Standing Committee on Health and Family Welfare, at the Parliament House, New Delhi, on 6 October 2015.

- Attended the one-day Consultative Meetings at SIHFW, Panchkula, Haryana on 9 October 2015 and SIHFW, Bhubaneswar, Odisha, on 14 October 2015; for Partial Support in Development of Social and Behaviour Change Communication (SBCC), Centre of Excellence, NIHFW.

- Interacted with the students of Post-Graduate Diploma in Hospital and Health Management (PGDHHM) on Regionalization of Health care, at Research and Referral Army Hospital, Delhi Cantonment, on 13 October 2015.

- Participated in a radio programme on Mother and Child Mortality, on FM Rainbow of All India Radio. The programme is based on Prime Minister’s Man Ki Baat. The recording was done on 15 October 2015, at All India Radio, Sansad Marg, New Delhi.

- As the Chairman, attended the Expert Review Committee Meeting for Case Classification of AFP cases, at WHO Office, New Delhi, on 26 October and 30th November 2015.

- As a Resource Person, took part in the 27th Annual State Conference of Karnataka Association of Community Health (KACH), at Mangaluru on 30-31 October 2015.

- Attended a Workshop of Heads of Leading Institutions on Public Health Education and Practice in India, at Manipal University, Manipal on 30 October 2015.

- Chaired two preparatory meetings for organizing ToTs under the National Mental Health Programme, at NIHFW on 3rd and 6 November 2015.

- Attended the Meeting on Global Health Security and Indian EIS Programme, at Directorate General of Health Services, Nirman Bhawan, New Delhi, on 5 November 2015. Director General of Health Services chaired the meeting.

- Attended the meeting to review the report of Technical Committee on Carcinogenesis, and to discuss the roles and responsibility of Ministries and stake-holders, at Nirman Bhawan, New Delhi, on 5 November 2015. Secretary (H&FW), Government of India, chaired the meeting.

- Chaired a session on Environment Management for Hospitals in the International Conference on Hospital Waste Management and Infection Control, organized by the Department of Hospital Administration, AIIMS, New Delhi on 15 November 2015.

- Attended the Global Health Security Meeting organized by the Centre for Disease Control and Prevention (CDCP), in New Delhi on 16-17 November 2015.

- Had a meeting with the Bill and Melinda Gates Foundation team which visited NCCVMRC, NIHFW, on 17 November 2015.
• Attended a meeting with Senior Government officials to deliberate on Emerging Issues on Ageing in India, organised by UNFPA, at India Habitat Centre on 23 November 2015.
• As a Member, attended the meeting of Board of Studies, GGSU, New Delhi, on 23 November 2015.
• As a Member, attended the meeting of the Expert Group to finalise Guidelines on Detection and Management of Arsenicosis, at Nirman Bhawan, New Delhi on 24 November 2015. Director General of Health Services chaired the meeting.
• Attended the 6th Indian Organ Donation Day, organized by the National Organ Tissue Transplant Organization, at Vigyan Bhawan, New Delhi, on 27 November 2015.
• Delivered a lecture on Public Health Administration: Acquiring Key Skills, under the programme- Sharing Perspectives in Public Health, organized by the Army College of Medical Sciences, Delhi Cantonment, on 28 November 2015.
• Attended the World AIDS Day, 2015 celebration in New Delhi on 1 December 2015. Shri Jagat Prakash Nadda, Hon’ble Union Minister of Health and Family Welfare chaired the event, and Shri Shripad Yesso Naik, Hon’ble Minister of State for Health and Family Welfare graced the occasion as the Guest of Honour.
• Attended a meeting on National Programme for Health Care of Elderly, at MoHFW, New Delhi, on 2 December 2015. Ms. Dharitri Panda, Joint Secretary, chaired the meeting.
• Visited Jodhpur, Rajasthan, in connection with the meeting and supervision of data collection for the study- Evaluation of Prerna Strategy of JSK, during 29-31 December 2015.

Faculty and Staff Activities

Mr. Salek Chand, Senior Documentation Officer

• Chaired a technical session in the National Conference on IPR: Challenges in Digital Environment, organized by Lingaya’s University, at Faridabad on 21 November 2015.
• Chaired a technical session in the 11th International Conference on Webometrics, Informetrics and Scientometrics (WIS), organized by the Society for Library Professionals (SLP) in association with Special Library Association (SLA), Asian Chapter, and Institute of Economic Growth (IEG); held at IEG, New Delhi on 28 November 2015.

Visitors to the Institute

During the quarter under report, students and faculty members from the following educational institutes visited NIHFW:

• Fortis Institute of Nursing, Mumbai, Maharashtra, visited on 2 November 2015.
• Father Muller College of Nursing, Mangalore, Karnataka, visited on 16 November 2015.
• IIInd year MSW students from Manipal University, Department of Public Health, Madhav Nagar, Manipal, Karnataka, visited on 7 December 2015.
• Nitte Usha Institute of Nursing Sciences, Derallakatte, Karnataka, visited on 10 December 2015.
• Laxmi Memorial College of Nursing, Mangalore, Karnataka, visited on 11 December 2015.
• Bharti Vidyapeeth University College of Nursing, Navi Mumbai, Maharashtra, visited on 15 December 2015.
• Post-graduate students of Community Medicine, VMMC & SJH, New Delhi, visited during 29-31 December 2015.
संस्थान में स्वच्छ भारत अभियान
2 अक्टूबर 2015 को भारत के मान्यताप्राप्ती श्री नरेंद्र मोदी की आवाहन पर हमारे संस्थान में स्वच्छता दिवस मनाया गया। इस अभियान का शुरूआत विवाद से गांधी जी के अवसर से की गई थी। संस्थान के महादूत को प्रोफेसर जयंत दास सहित अन्य संस्थान सदस्य एवं संस्थान के सभी अधिकारियों/कर्मचारियों ने भ्रमण कर संस्थान की बनावट का सत्ता अपने परिसर को स्वच्छ किया। संस्थान के महादूत भ्रमण में सभी थे संस्थान और अतिपास के वातावरण को स्वच्छ बनाए रखने की अपील की। स्वच्छता अभियान दर्शक सरकार की ओर से एक जन आन्दोलन की अवसर, जिसका लक्ष्य है कि सन 2019 तक देश के पूर्ण रूप से स्वच्छ बना दिया जाय। इस अवसर को शहीद के क्षेत्रों के लिए स्वच्छ भारत मिशन, ग्रामीण क्षेत्र के क्षेत्र के लिए स्वच्छ भारत मिशन तथा स्वच्छ भारत स्वच्छ विदेश स्वच्छता अभियान के विभिन्न प्रयासों के राष्ट्र के साथ प्रायोगिक योगदान देने के लिए भी मनाया जाता रहा है।

नवंबर लेखन पुरस्कार
संस्थान के प्रज्ञा एवं बाल स्वास्थ्य विभाग में सराहनीय पद पर कार्यरत, सुश्री प्रितिमा गांधी ने नर्सकार सदस्य कार्यालयों के लिए आयोजित हिंदी निबंध प्रतियोगिता में दिनांक 29.12.2015 को प्राप्त किया। इस प्रतियोगिता में उन्होंने दूरस्थ स्थान प्राप्त कर संस्थान में राजभाषा के प्राचीन-पश्चिम की दृष्टि से प्राचीन स्थानों पर लिखा है। इस अवसर पर आयोजित पुरस्कार वितरण समारोह में सुश्री प्रितिमा गांधी ने मोहनभाई कल्याणजी भाई कुंदालिया, मानिस सुश्री राजी मंजी, भारत सरकार के कर-कमली द्वारा राष्ट्रीय सरकारी प्रतिष्ठा परिवर्तन की ओर से जारी एक प्रमुखता पत्र भी प्राप्त किया।

पदोन्नति
1. श्रीमती ललिता मंडहार, आयुर्विज्ञान, ग्रेड-2 से आयुर्विज्ञान, ग्रेड-1 में पदोन्नति।

नियुक्तियाँ
1. डॉ. सरदार गौतम, सहायक प्रोफेसर (सामाजिक विज्ञान) (दिनांक: 03 दिसम्बर 2015)
2. डॉ. दिवा सरदार गौतम, सहायक प्रोफेसर (सामाजिक विज्ञान) (दिनांक: 16 दिसम्बर 2015)
3. डॉ. संजय एक्स, सहायक प्रोफेसर (योजना एवं मूल्यांकन) (दिनांक: 21 दिसम्बर 2015)
4. श्री सुनील गौतम, सहायक (कार्यशाला एवं अनुसंधान विभाग) (दिनांक: 29 दिसम्बर 2015)

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